

BC SAILING

SAILING INSTRUCTION GUIDE for LONG / MEDIUM DISTANCE RACING

<Regatta Name>
<Dates for the Regatta>
<Organizing Authority's Name>
<Place Where the Regatta Will be Held>

SAILING INSTRUCTIONS For Long/Medium Distance Racing

1 RULES

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*, the prescriptions of the Canadian Yachting Association, these Sailing Instructions and any amendments.
- 1.2 The Class Rules of the various One-design classes will apply and the rules of PHRF-NW as they may apply.

2 NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board(s) located at
<Insert location>

3 CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted before 0830 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed from **<Insert location>**
- 4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than **<Insert number of minutes>** minutes' in the race signal AP.

5 SCHEDULE OF RACES

- 5.1** Dates of racing: **<Insert dates>**
- 5.2** The scheduled time of the warning signal is **<Insert time>** each day.
- 5.3** Two races are scheduled for Saturday and the start of the second race will be 30 minutes after the last boat has finished or 1300, whichever time is earlier.
- 5.4** One race is scheduled for Sunday.
- 5.5** On the last day of the regatta no warning signal will be made after **<Insert time>**.

6 DIVISION FLAGS

The long distance division flags will be
Division 1 **<insert flag description>**
Division 2 **<insert flag description>**
Etc.

7. RACING AREAS (See Appendix A)

The racing area will be in **<Insert location>** Competitors are strongly advised to check the appropriate charts for navigational hazards.

8 THE COURSES (See Appendix B)

- 8.1** On Saturday the courses will be discussed at the Skippers Meeting.
- 8.2** On Sunday the course selection will be based on an alphabetical placard from the listing in Appendix B.
- 8.3** The course will be displayed from the race committee signal boat before or with the warning signal.
- 8.4** The course distances given in Appendix B are approximate and the actual distances may vary.

9 MARKS

A description of the marks to be used are detailed in Appendix A.

10 THE START

- 10.1** Races will be started by using rule 26 with the warning signal made 5 minutes before the starting signal.
- 10.2** There will be one combined start for all long distance divisions.
OR
- 10.2** Each Division will have a unique start based on the following sequence:
Division 1
Division 2
Etc.

10.3 The starting line for the first race each day will be between a staff displaying an orange flag on the signal boat at the starboard end of the line and an anchored buoy or pin boat at the port end.

10.4 A boat starting later than **<Insert number of minutes>** minutes after her starting signal will be scored Did Not Start without a hearing. This changes rule A4.

11 SHORTENING OF COURSE AFTER THE START

11.1 To ensure that as many boats as possible finish within the time limit, each skipper is responsible for taking his or her own rounding times at each mark.

11.2 If no boats finish the complete course, the race results will be based on the previous mark in which at least half of the boats in the Division rounded within the time limit. Rounding times are to be taken at the point where the boat is abeam of the mark opposite to the direction of the previous mark. Skippers are to submit a note listing the following information for each mark rounding.

- your boat's sail number;
- the mark identification numbers (listed on Appendix A);
- rounding times in time of day, e.g., 12 hr, 45 min, 10 sec (NOT ELAPSED TIMES);
- the names and/or sail numbers (if known) of the boats rounding in front and behind you.
- your name clearly printed and your signature.

12 THE FINISH

12.1 All long distance boats are to contact the race committee on VHF Channel **<Insert Channel>** to announce their approach to the finishing line at approximately 10 minutes prior to finishing.

12.2 The finishing line for the first race on Saturday will be **<Insert location>**

12.3 The finishing line for the second race on Saturday as well as the Sunday race will be **<Insert location>**

12.4 If a Round The Buoys race is in progress, *Long Distance boats shall not pass through the RTB start/finish line at any time.*

13 PENALTY SYSTEM

For all divisions, rule 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.

14 TIME LIMITS

14.1 The time limit for the first race on Saturday will be **<Insert number of minutes>** for all boats.

14.2 The time limit for the second race on Saturday will be **<Insert number of minutes>** for all boats.

14.3 The time limit on Sunday will be **<Insert time>** hours for the first boat. For all other boats the time limit will be the first boat's finish time plus 30 minutes or the original time limit, whichever is later.

14.4 Boats failing to finish within the time limit will be scored Did Not Finish. This changes rule 35 and A4.

15 PROTESTS AND REQUESTS FOR REDRESS

15.1 Protest forms are available at **<Insert location>** Protests shall be delivered to the **<Insert location>** within the protest time limit.

15.2 For each division, the protest time limit is 60 minutes after the race committee signal boat docks. The docking and protest time limits will be posted on the official notice board.

15.3 Notices will be posted within 30 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located at **<Insert location>** Protests shall be heard in the order that they are received, and the onus is on the protesting party to ensure that they and the protested party are present.

15.4 Notices of protests by the race committee or protest committee will be posted to inform boats under rule 61.1(b).

16 SCORING

16.1 PHRF Time on Time scoring will be used

OR

16.1 PHRF Time on Distance scoring will be used

16.2 The Low Point scoring system of Appendix A will apply, with no discards.

16.3 One race is required to be completed to constitute a series.

17 SAFETY REGULATIONS

A boat that retires from a race shall notify the race committee as soon as possible..

18 HAUL-OUT RESTRICTIONS

18.1 Hauling boats to clean the hull is not permitted on race days.

18.2 Keelboats shall not be hauled out during the regatta except with and according to the terms of prior written permission of the race committee.

19 RADIO COMMUNICATION

19.1 A boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats, with the exception of instruction #12.1 This restriction also applies to mobile telephones.

19.1.1 The Race Committee will be monitoring VHF Channel **<Insert channel>**. Competitors are recommended to monitor channel **<Insert channel>** during the last minute of the start sequence.

20 PRIZES

Prizes will be awarded for **<Insert number and level of awards>** in each division with at least 5 boats. **<Insert number and level of awards>** will be awarded for divisions with less than 5 boats.

21 DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

22 INSURANCE

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of \$1,000,000 (for Canadian boats) and \$350,000 (for US boats) per event or the equivalent.

APPENDIX A

INSERT A CHART OF THE AREA HERE
(with location of marks to be used in the Distance races)

Mark Description

Please replace the below examples with mark descriptions in your local waters.

- 1 Johnstone Reef
- 2 Zero Rock
- 3 D'Arcy Shoals Buoy
- 4 Lee Can
- 5 Beaumont Shoals Buoy
- 6 Seabird Point, Discovery Island
- 7 Fulford Reef Buoy
- 8 Victoria finish/start line 48° 24' 3.00 N - 123° 23' 20.00 W
- 9 Trial Island
- 10 Fairway Check Buoy (also known as Quarantine)
- 11 Brotchie Ledge Light
- 12 Mark in Pedder Bay

APPENDIX B

Long Distance Course Atlas

Replace the below examples with your course options and approximate distances

<u>Placard</u>	<u>Mark Sequence & Rounding</u>	<u>Approximate Length (NM)</u>
1	3 to Port	15
2	2 to Port	11
3	1 to Port	6.8
4	9, 10, 8 to Starboard	9.3
5	11 to Port	14.1
6	7, 6, 9, 8 to Starboard	11
7	12 to Port	27.4
8	7, 6, 9 to Starboard	11.6
9	7, 6, 4 to Starboard	8
10	9, 6, 7 to Port	11.6
11	4, 6, 7 to Port	8
12	9 to Port	7.3
13	10, 9 to Port	9.4
14	5 to Port	7.9
15	1, 5 to Starboard	10.5

