

# BC SAILING ONE DESIGN

## SAILING INSTRUCTIONS GUIDE

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*This guide provides a set of tested sailing instructions designed primarily for one design racing for one or more classes.*

*An expanded version of the guide, Appendix LE, is available on the ISAF website ([www.sailing.org](http://www.sailing.org)). It contains provisions applicable to the largest and most complicated multi-class events, as well as variations on several of the sailing instructions recommended in this appendix. It will be revised from time to time, to reflect advances in race management techniques as they develop, and can be downloaded as a basic text for producing the sailing instructions for any particular event. Appendix L can also be downloaded from the ISAF website.*

**<Regatta Name>**  
**<Dates for the Regatta>**  
**<Organizing Authority's Name>**  
**<Place Where the Regatta Will be Held>**

## SAILING INSTRUCTIONS

### 1 RULES

- 1.1\* The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2 The prescriptions of the Canadian Yachting Association authority will apply.
- 1.3\* **<List any 'other documents'>** will apply.
- 1.4 Under rule 87, rule(s) **<List rule numbers>** of the **<Name of class>** class rules [will not apply] [is (are) changed as follows: **<State changes>**].
- 1.5 If there is a conflict between languages the English text will take precedence.

### 2 NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board(s) located at **<Insert location(s)>**.

### 3 CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

### 4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed at **<Insert location>**.
- 4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than **<Insert number of minutes>** minutes' in the race signal AP.

## 5 SCHEDULE OF RACES

5.1

<u>Activity</u>	<u>Date</u>	<u>Time</u>
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5.2 On the last day of racing no warning signal will be made after **<Insert time>**.

## 6 CLASS FLAGS

Class flags will be

<u>Class</u>	<u>Flag</u>
_____	_____
_____	_____
_____	_____

## 7 RACING AREAS

Attachment A shows the location of racing areas.

## 8 THE COURSES

8.1 The diagrams in Attachment B show the courses, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.

8.2 No later than the warning signal, the race committee signal boat will display the approximate compass bearing of the first leg.

## 9 MARKS

9.1 Marks 1, 2, 3, 4 will be **<Describe marks>**.

9.3 New marks, as provided in instruction 12.1, will be **<Describe new marks>**.

9.4 The starting and finishing marks will be **<Describe marks>**.

9.5 Marks 3 and 4 may be gates.

9.6 A race committee boat signalling a change of a leg of the course is a mark as provided in instruction 12.2.

## 10 AREAS THAT ARE OBSTRUCTIONS

The following areas are designated as obstructions: **<Describe obstruction areas>**.

## 11 THE START

11.1 Races will be started by using rule 26 with the warning signal made **<Insert number>** minutes before the starting signal.

- 11.2 The starting line will be between staffs displaying orange flags on the starting marks.  
**(OR)**
- 11.2 The starting line will be between a staff displaying an orange flag on the starting mark at the starboard end and the port-end starting mark.  
**(OR)**
- 11.2 The starting line will be **<Describe starting line>**.
- 11.3 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.
- 11.4 A boat starting later than **<Insert number>** minutes after her starting signal will be scored Did Not Start without a hearing. This changes rules A4 and A5.

## **12 CHANGE OF THE NEXT LEG OF THE COURSE**

- 12.1 To change the next leg of the course, the race committee will move the original mark (or the finishing line) to a new position.  
**(OR)**
- 12.1 To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.
- 12.2 Except at a gate, boats shall pass between the race committee boat signalling the change of the next leg and the nearby mark, leaving the mark to port and the race committee boat to starboard This changes rule 28.1.

## **13 THE FINISH**

- The finishing line will be between staffs displaying orange flags on the finishing marks.  
**(OR)**
- The finishing line will be between a staff displaying an orange flag on the finishing mark at the starboard end and the port-end finishing mark.  
**(OR)**
- The finishing line will be **<Describe finishing line>**.

## **14 PENALTY SYSTEM**

- 14.1 The penalties are as follows: **<Describe penalties>**.
- 14.2 For the **<Class name(s)>** class(es) rule 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.
- 14.3 As provided in rule 67, the [protest committee] [jury] may, without a hearing, penalize a boat that has broken rule 42.  
**(OR)**
- 14.3 Appendix P will apply [as changed by instruction(s)] [14.2] [and] [14.4]].
- 14.4 Rule P2.3 will not apply and rule P2.2 is changed so that it will apply to any penalty after the first one.

## **15 TIME LIMITS AND TARGET TIMES**

- 15.1 Time limits and target times are as follows:

<u>Class</u>	<u>Time Limit</u>	<u>Mark 1 Time Limit</u>	<u>Target Time</u>
_____	_____	_____	_____
_____	_____	_____	_____

If no boat has passed Mark 1 within the Mark 1 time limit the race will be abandoned. Failure to meet the target time will not be grounds for redress. This changes rule 62.1(a).

- 15.2 Boats failing to finish within **<Insert time period>** after the first boat sails the course and finishes will be scored Did Not Finish without a hearing. This changes rules 35, A4 and A5.

## **16 PROTESTS AND REQUESTS FOR REDRESS**

- 16.1 Protest forms are available at the race office[, located at **<Insert location>**]. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 16.2 For each class, the protest time limit is 60 minutes after the last boat has finished the last race of the day.
- 16.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located at **<Insert location>**, beginning at [the time posted] [**<Insert time>**].
- 16.4 Notices of protests by the race committee or [protest committee] [jury] will be posted to inform boats under rule 61.1(b).
- 16.5 A list of boats that, under instruction 14.3, have been penalized for breaking rule 42 will be posted.
- 16.6 Breaches of instructions 11.3, 18, 21, 23, 24, 25, 26, and 27 will not be grounds for a protest by a boat. This changes rule 60.1(a). Penalties for these breaches may be less than disqualification if the [protest committee] [jury] so decides. The scoring abbreviation for a discretionary penalty imposed under this instruction will be DPI.
- 16.7 On the last scheduled day of racing a request for reopening a hearing shall be delivered
- (a) within the protest time limit if the requesting party was informed of the decision on the previous day;
  - (b) no later than 30 minutes after the requesting party was informed of the decision on that day.

This changes rule 66.

- 16.8 On the last scheduled day of racing a request for redress based on a [protest committee] [jury] decision shall be delivered no later than 30 minutes after the decision was posted. This changes rule 62.2.
- 16.9 Decisions of the [protest committee] [jury] will be final as provided in rule 70.5.

## **17 SCORING**

- 17.1 The Low Point System of Appendix A will apply.
- 17.2 One race is required to be completed to constitute a series.

- 17.3 (a) When fewer than **<Insert number>** races have been completed, a boat's series score will be the total of her race scores.
- (b) When from **<Insert number>** to **<Insert number>** races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
- (c) When **<Insert number>** or more races have been completed, a boat's series score will be the total of her race scores excluding her two worst scores.

## **18 SAFETY REGULATIONS**

- 18.1 Check-Out and Check-In: **<Describe any Check-Out or Check-In Procedures>**.
- 18.2 A boat that retires from a race shall notify the race committee as soon as possible.

## **19 REPLACEMENT OF CREW OR EQUIPMENT**

- 19.1 Substitution of competitors will not be allowed without prior written approval of the [race committee] [protest committee] [jury].
- 19.2 Substitution of damaged or lost equipment will not be allowed unless authorized by the [race committee] [protest committee] [jury]. Requests for substitution shall be made to the committee at the first reasonable opportunity.

## **20 EQUIPMENT AND MEASUREMENT CHECKS**

A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat can be instructed by a race committee equipment inspector or measurer to proceed immediately to a designated area for inspection.

## **21 ADVERTISING**

Boats [shall] [may] display advertising supplied by the organizing authority as follows: **<Insert necessary information about supplied advertising material>**.

## **22 OFFICIAL BOATS**

Official boats will be marked as follows: **<Describe markings>**.

## **23 SUPPORT BOATS**

- 23.1 Team leaders, coaches and other support personnel shall stay outside areas where boats are racing from the time of the preparatory signal for the first class to start until all boats have finished or retired or the race committee signals a postponement, general recall or abandonment.
- 23.2 Support boats shall be marked with **<Describe markings>**.

## **24 TRASH DISPOSAL**

Boats shall not put trash in the water. Trash may be placed aboard support and race committee boats.

## **25 HAUL-OUT RESTRICTIONS**

Keelboats shall not be hauled out during the regatta except with and according to the terms of prior written permission of the race committee.

**26 DIVING EQUIPMENT AND PLASTIC POOLS**

Underwater breathing apparatus and plastic pools or their equivalent shall not be used around keelboats between the preparatory signal of the first race and the end of the regatta.

**27 RADIO COMMUNICATION**

Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

**28 PRIZES**

Prizes will be given as follows: **<Describe prizes>**.

**29 DISCLAIMER OF LIABILITY**

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

**30 INSURANCE**

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of **<Insert currency and amount>** per event or the equivalent.

# **ATTACHMENT A**

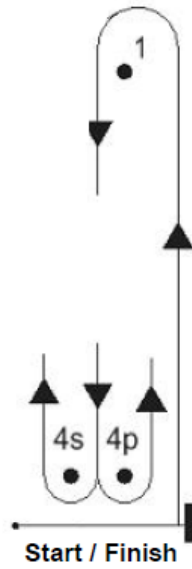
## **RACING AREA**

**< Insert chart of racing area >**

# ATTACHMENT B

## COURSES

< Select from the following courses, if more than one circle any combination of course layouts is acceptable >

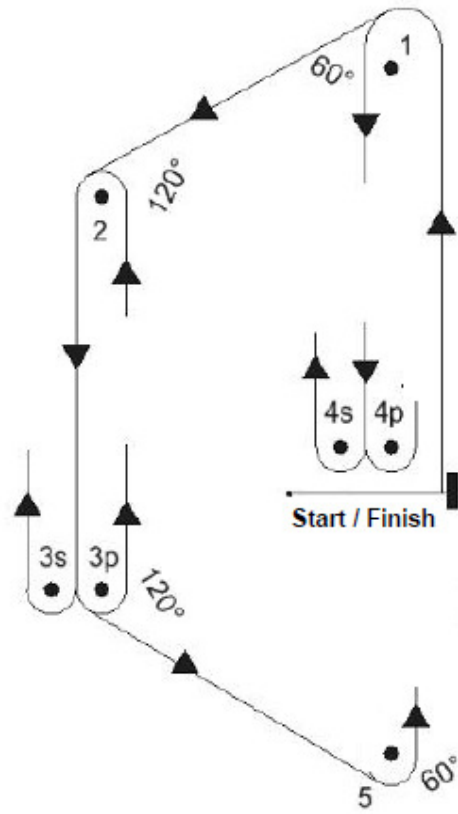


W2	Start-1-4s/4p-1-Finish
W3	Start-1-4s/4p-1-4s/4p-1-Finish





W2	Start-1-3s/3p-1-Finish
W3	Start-1-3s/3p-1-3s/3p-1-Finish
W4	Start-2-3s/3p-2-Finish
W5	Start-2-3s/3p-2-3s/3p-2-Finish



O2	Start-1-2-3s/3p-2-3p-5-Finish
O3	Start-1-2-3s/3p-2-3s/3p-2-3p-5-Finish
I2	Start-1-4s/4p-1-2-3p-5-Finish
I3	Start-1-4s/4p-1-4s/4p-1-2-3p-5-Finish