

Sailing Theme: _____ Ex. Tacking Name: _____

Creative Theme: _____ Ex. Ninja Total Time: _____

Skill: _____ Ex. Tiller hand exchange Audience: _____

What do I want the sailor to know (1–3 key points):

Standard to achieve (Optional: also give a condition):

Skill breakdown: (What does the skill look likeEXACTLY?!):

Teaching methods (min. of 3):

<u>Time</u>	Introduction/Briefing (question to ask/how I'm going to catch sailor's attention in first 7 sec.):	<u>Who's talking</u>
	<p>Question(s):</p> <p>Skill progression:</p> <ol style="list-style-type: none">1.2.3.	

<u>Time</u>	Drills/Activities (one or two activities for each progression item listed above):	<u>Who's talking</u>
	<p>Lesson check (Activity to check if sailors retained the knowledge):</p> <p>Conclusion/Debrief (Review key points. How will I re-motivate student?):</p> <p>Question(s):</p>	

Materials needed

Evaluation, where do we go next?