

COMMENTS

Date: _____ Club: _____

Instructor: _____

Comments: _____

Signature: _____

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BC Sailing

Tel: 604.333.3628

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White Sail 2

Name: _____



White Sail 2

Ashore Skills

I tried

I can

Points of Sail

Identify the parts of the boat

Describe functions of boat parts

Terms:

Port

Starboard

Tacking

Gybing

Heading up

Bearing off

Wing on wing

Sailing by the lee

Knots:

Reef knot

Round turn & 2 half-hitches

Afloat Skills

I tried

I can

Read ticklers

Sail upwind by beating

Stop by backwinding mainsail

Get out of irons

Accelerate by heeling to leeward

Skipper and crew communication

Kiting downwind

Sail wing-on-wing

Hiking

Right a turtled boat

Skippering skills:

"Crab Claw" tiller sheeting

Hand-exchange with mainsheet

Sail on all points of sail

Crewing skills:

Keep skipper informed

Adjust jib to all points of sail