

COMMENTS

Date: _____ Instructor: _____

Comments: _____

Signature: _____

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Comments: _____

Signature: _____

Sailing is Fun!



www.bcsailing.bc.ca

I Can Sail

Level 1, 2, 3

Name: _____



ROYAL VANCOUVER YACHT CLUB

Tel: 604.224.1344

www.royalvan.com

I Can Sail

LEVEL 1

Ashore Skills	I tried	I can
Safety	<input type="checkbox"/>	<input type="checkbox"/>
Clothing	<input type="checkbox"/>	<input type="checkbox"/>
Knots	<input type="checkbox"/>	<input type="checkbox"/>
Afloat Skills		
Rigging	<input type="checkbox"/>	<input type="checkbox"/>
Safety	<input type="checkbox"/>	<input type="checkbox"/>
Sail adjustments	<input type="checkbox"/>	<input type="checkbox"/>
Capsize	<input type="checkbox"/>	<input type="checkbox"/>
Derigging	<input type="checkbox"/>	<input type="checkbox"/>

LEVEL 2

Ashore Skills		
Terminology	<input type="checkbox"/>	<input type="checkbox"/>
Knots	<input type="checkbox"/>	<input type="checkbox"/>
Afloat Skills		
Docking	<input type="checkbox"/>	<input type="checkbox"/>
Launching	<input type="checkbox"/>	<input type="checkbox"/>
Sail trim - points of sail	<input type="checkbox"/>	<input type="checkbox"/>
Luffing	<input type="checkbox"/>	<input type="checkbox"/>
Right a turtled boat	<input type="checkbox"/>	<input type="checkbox"/>

LEVEL 3

Ashore Skills	I tried	I can
Safety	<input type="checkbox"/>	<input type="checkbox"/>
Lateral buoyage system	<input type="checkbox"/>	<input type="checkbox"/>
Hazards	<input type="checkbox"/>	<input type="checkbox"/>
Weather	<input type="checkbox"/>	<input type="checkbox"/>
Terminology	<input type="checkbox"/>	<input type="checkbox"/>
Seamanship	<input type="checkbox"/>	<input type="checkbox"/>
Rules of the Road	<input type="checkbox"/>	<input type="checkbox"/>
Afloat Skills		
Docking	<input type="checkbox"/>	<input type="checkbox"/>
Launching	<input type="checkbox"/>	<input type="checkbox"/>
Sail Trim	<input type="checkbox"/>	<input type="checkbox"/>
Points of Sail	<input type="checkbox"/>	<input type="checkbox"/>
Irons (in and out)	<input type="checkbox"/>	<input type="checkbox"/>
Paddle	<input type="checkbox"/>	<input type="checkbox"/>
Towing	<input type="checkbox"/>	<input type="checkbox"/>
Man overboard	<input type="checkbox"/>	<input type="checkbox"/>
Sailing by the lee	<input type="checkbox"/>	<input type="checkbox"/>
Right a turtled boat	<input type="checkbox"/>	<input type="checkbox"/>
Sail a triangle	<input type="checkbox"/>	<input type="checkbox"/>

PLEASE KEEP THIS CARD AND BRING IT TO YOUR
NEXT SAILING LESSON.