



The Corporation of the City of Oshawa

*For Immediate Release* February 2, 2009

## Oshawa to host 2010 Ontario Senior Games Actifest

OSHAWA – The City of Oshawa has been named the host of the 2010 Ontario Senior Games Actifest. Oshawa was selected as the event host by the Sport Alliance of Ontario and the Ontario Senior Games Association. The Ontario Games Program is delivered by the SAO on behalf of the Government of Ontario. The Province is the primary funder of the Games.

"Oshawa is honoured to host the 2010 Ontario Senior Games Actifest," said Oshawa Mayor John Gray. "Our world class facilities and most importantly the people of Oshawa made this event possible. Oshawa is committed to offering the best experience possible for competitors and spectators alike."

"The McGuinty government is proud to support the 2010 Ontario Senior Games – Actifest, as they demonstrate that people of all ages can participate in sport," said Minister of Health Promotion Margarett Best. "By participating in Actifest, Ontario's seniors demonstrate to people of all ages the benefits of staying active."

"I am delighted the City of Oshawa will be hosting this inspiring event and pleased our government has a role in supporting it," said Joe Dickson, MPP for Ajax-Pickering. "I know Oshawa will bring great community spirit to this event and make it a memorable experience for all in Durham Region and beyond."

Participating in sports is a great way to stay active throughout life. And regular physical activity is one of the best ways to prevent illness and enjoy an improved quality of life.

The 2010 Ontario Senior Games Actifest is a two-day event to be held in August 2010. Oshawa will welcome nearly 1,500 participants including athletes, coaches and officials. Ontario residents 55 years of age or older will compete in 16 different sports including: golf, lawnbowling, slo-pitch, swimming, tennis, euchre, bocce, darts, and five-pin bowling.

"Congratulations to the City of Oshawa as being named to host the Ontario Senior Games Actifest 2010. The Members of the Ontario Senior Games Association welcome the opportunity to visit and compete in the City of Oshawa and Durham Region. The OSGA Board looks forward to assisting the Oshawa organizing committee in making these the best Senior Summer Games ever," says Bill Lytle President of OSGA.

The City of Oshawa, the Ontario Senior Games Association, the Sport Alliance of Ontario, the Ministry of Health Promotion, the Oshawa Senior Citizens Centres, the University Institute of Technology and Durham College will partner together to deliver a spectacular event.

The community economic benefit of hosting the 2010 Ontario Senior Games Actifest will be approximately \$1 million and will further strengthen and position Oshawa as a tourist destination.

"I am absolutely ecstatic and delighted to have brought this opportunity to the attention of Council who unanimously supported the Bid. The games will showcase our community and our award winning facilities to visitors from across the province," said Oshawa Councillor Louise Parkes.

For more information about the Sport Alliance of Ontario, visit <u>www.sportalliance.com</u> and for the Ontario Senior Games Association, visit <u>www.ontarioseniorgames.ca</u>.

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