



Appendices – Ontario Games

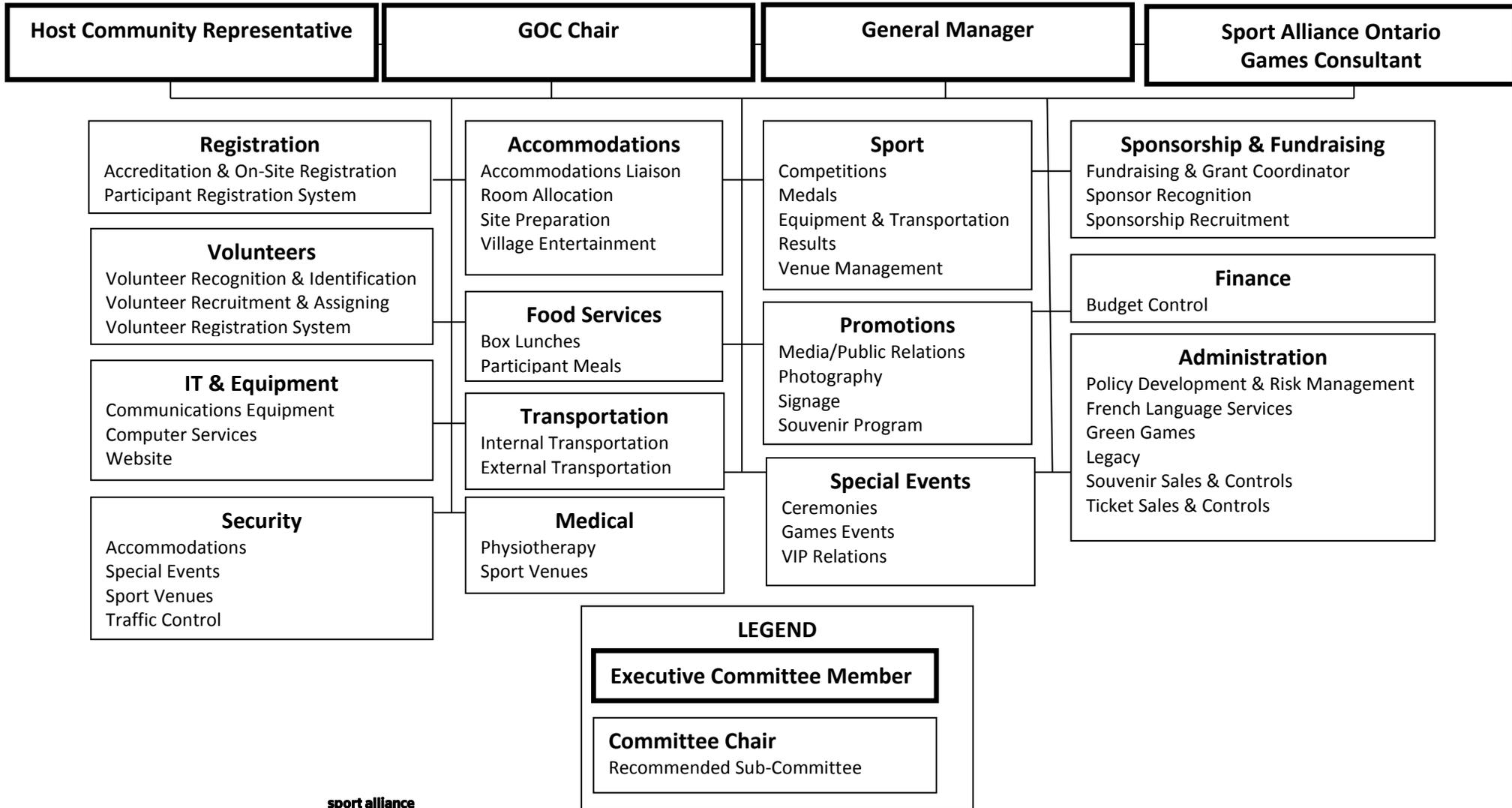
		Page
Appendix A	Critical Dates for 2012 Ontario Winter & Summer Games Bid Process	1
Appendix B	Sample Games Organizing Committee Structure	2
Appendix C	Hosting Grant Approved Expenditures	3
Appendix D	Sample Ontario Winter & Summer Games Budget	4-5
Appendix E	Ontario Winter/Summer Games Participant Numbers	7
Appendix F	Sport Technical Information Templates – Ontario Winter Games	9-39
Appendix G	Sport Technical Information Templates – Ontario Summer Games	40-73
Appendix H	Venue Evaluation Form	74
Appendix I	Meal Requirements and Guidelines	75
Appendix J	Ontario Youth Games Travel Policy	76-78
Appendix K	Requirements for French Language Services	79

Appendix A - Critical Dates for the 2014 Ontario Summer & Winter Games Bid Process

Task	2014 Ontario Winter Games	2014 Ontario Summer Games
Letter of Intent Due	November 3, 2011	February 16, 2012
Bid Submission Due	January 26, 2012	May 10, 2012
Site Review	February 13-17, 2012	June 18 – 22, 2012
Official Announcement	March 2012	August 2012
Event Dates	Early March 2014	Mid August 2014



Appendix B – Proposed Games Organizing Committee Structure



Appendix C – Hosting Grant Approved Expenditures

The Hosting Grant provided by ***Sport Alliance Ontario*** may only be used to cover the following expenses:

NOTE: The items below are listed in order of priority in keeping with ***Sport Alliance Ontario's*** efforts to ensure the Games are athlete focused. The Host Municipality is therefore responsible to allocate the Grant in accordance with this list of priorities.

1. Transportation, accommodations and meals for athletes, coaches, managers and officials;
2. Facility Rental for Competition Venues
3. Medical and preventative care;
4. Provision of non-capital, technical requirements and equipment as outlined by the Provincial Sport Organizations;
5. French translation of promotion and public information;
6. Registration software for athletes, coaches, managers and officials;
7. Special events including Opening Ceremonies, VIP Reception and medal presentations;
8. Volunteer management – i.e. Uniforms, meals, etc.
9. Promotion and communication purposes related to the Games
10. Payment of General Manager's salary and expenses of Games Organizing Committee, volunteers and staff;
11. Administration expenses – postage, telephone, supplies, insurance, etc.



Appendix D – Sample Budget Ontario Winter & Summer Games

***Please note this budget is a guideline and is subject to change based on the individual community.*

Expenditures	Ontario Winter Games	Ontario Summer Games
Accommodations	340,000	350,000
Administration	155,000	155,000
<i>Staffing</i>	<i>120,000</i>	<i>120,000</i>
<i>Translation</i>	<i>5,000</i>	<i>5,000</i>
<i>Insurance</i>	<i>10,000</i>	<i>10,000</i>
<i>Office Supplies/Equipment</i>	<i>5,000</i>	<i>5,000</i>
<i>Travel</i>	<i>5,000</i>	<i>5,000</i>
<i>Ticket Services</i>	<i>10,000</i>	<i>10,000</i>
Food Services	270,000	300,000
IT & Equipment	20,000	20,000
Medical	5,000	5,000
Promotions	50,000	50,000
Registration	20,000	20,000
<i>Accreditation</i>	<i>5,000</i>	<i>5,000</i>
<i>Registration Kits</i>	<i>15,000</i>	<i>15,000</i>
Security	5,000	8,000
Special Events	55,000	55,000
Sponsorship/Fundraising	5,000	5,000
Sport	190,000	120,000
<i>Venues</i>	<i>110,000</i>	<i>75,000</i>
<i>Sport Equipment Rental</i>	<i>50,000</i>	<i>20,000</i>
<i>Equipment Transportation</i>	<i>15,000</i>	<i>10,000</i>
<i>Medals</i>	<i>15,000</i>	<i>15,000</i>
Transportation	200,000	220,000
<i>Internal</i>	<i>60,000</i>	<i>80,000</i>
<i>External</i>	<i>140,000</i>	<i>150,000</i>
Volunteers	30,000	30,000
<i>Recognition Event</i>	<i>7,000</i>	<i>7,000</i>
<i>Clothing</i>	<i>10,000</i>	<i>10,000</i>
<i>Recruitment</i>	<i>8,000</i>	<i>8,000</i>
<i>Training</i>	<i>5,000</i>	<i>5,000</i>
Contingency	15,000	15,000
TOTAL	1,360,000	1,353,000
Revenues	Ontario Winter	Ontario Summer
Hosting Grant	600,000	600,000
Participant Registration Fees	164,500	175,000
Municipal Contributions	200,000	200,000
Admission Fees	40,000	40,000
Sponsorship/Fundraising	340,500	323,000
Merchandising	5,000	5,000
Interest	10,000	10,000
Total	1,360,000	1,030,000

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Appendix E - Ontario Youth Games Potential Sport List & Participant Numbers

NOTE: The following is a list of current sports in the 2012 Ontario Winter & Summer Games, the sports and participant numbers for each sport could change through the Sport Selection Process. * Although the current total participant numbers for the Games is below 3,500 it could reach capacity in the 2014 Ontario Games.

Ontario Winter Games

Sport	Athletes	Coaches & Managers	Major Officials
5 Pin Bowling	60	12	4
Air Rifle/Air Pistol	40	10	6
Alpine Ski	180	40	15
Badminton	70	14	14
Biathlon	30	7	6
Cross Country Ski	100	32	7
Curling	48	18	3
Diving	74	24	10
Field Hockey	80	16	11
Figure Skating	164	26	33
Gymnastics	104	40	30
Hockey (M)	152	40	10
Hockey (F)	160	40	20
Judo	84	12	12
Kickboxing	50	12	10
Ringette	108	30	10
Sledge Hockey	60	16	7
Snowboard	48	9	48
Speed Skating	64	20	36
Squash	72	18	4
Synchro Swim	112	14	15
Table Tennis	60	10	16
Volleyball	192	54	14
Wheelchair Basketball	48	12	6
Wheelchair Curling	24	14	1
Wrestling	180	30	16
TOTAL*	2,364	570	364

Ontario Summer Games

Sport	Athletes	Coaches & Managers	Major Officials
Archery	60	11	2
Ball Hockey (M) & (F)	144	24	4
Baseball (M)	192	36	17
Basketball – (M) & (F)	288	54	24
Canoe/Kayak – Sprint	88	13	11
Cycling (BMX)	50	10	5
Cycling (MB)	48	12	2
Fencing	72	3	15
Field Hockey	140	22	8
Golf	54	8	10
Karate	102	20	14
Lacrosse Box	120	30	10
Lacrosse Field	88	16	6
Rowing	84	18	6
Rugby	192	24	12
Sailing	40	4	14
Skeet Shooting	10	4	2
Soccer – Male & Female	270	64	30
Softball-Male	104	24	10
Softball-Female	104	24	10
Sporting Rifle	20	10	5
Swimming	144	30	50
Triathlon	50	6	9
Volleyball – Beach	72	24	10
TOTAL*	2,536	491	286

NOTE: Each sport is allocated one PSO Representative spot at the Games.



Appendix F - Sport Technical Information – Minimum & Ideal Standards
Ontario Winter Games

Sport: **5 PIN BOWLING**

Specifications	Minimum Standards	Ideal Standards
Field of Play (i.e. – gym dimensions, height of ski hill, floor type, # of courts, wall colours, accessibility, etc)		12 Certified Bowling Lanes (certified by C5BPA)
Change Facilities / Meeting Room Requirements		Not required
Storage Requirements		Not required
Equipment Requirements (to be provided by GOC)		Not required
# of field of play hours		10 hrs
Preferred Seating Capacity		
Other (additional information that does not relate to items above)		

Sport: **AIR RIFLE / AIR PISTOL**

Specifications	Minimum Standards	Ideal Standards
Field of Play (i.e. – gym dimensions, height of ski hill, floor type, # of courts, wall colours, accessibility, etc)	Open Space for Air Range 25 meters x 15 meters (gym, recreation center, armory) Additional Area behind the range to be left clear with no access to public	Open Space for Air Range 30 meters x 15 meters (gym, recreation center, armory) Additional Area behind the range to be left clear with no access to public
Change Facilities / Meeting Room Requirements	1 Male, 1 Female	1 Male, 1 Female Scoring Room
Storage Requirements	Locked room for storing computer equipment. Larger locked room for shooting equipment	Locked room for storing computer equipment. Larger locked room for shooting equipment.
Equipment Requirements (to be provided by GOC)	Portable Airgun Range provided by PSO (transported by GOC) Photocopier 6 Tables & 40 Chairs (approximately)	Portable Airgun Range provided by PSO (transported by GOC) Photocopier 6 Tables & 40 Chairs (approximately)
# of field of play hours		2 hrs/relay – 2 relays/day
Seating Capacity		
Other (additional information that does not relate to items above)		

Sport: **ALPINE SKI**

Specifications	Minimum Standards	Ideal Standards
Field of Play (i.e. – gym dimensions, height of ski hill, floor type, # of courts, wall colours, accessibility, etc)	120 m vertical – slalom , panel slalom 230 – 250 vertical – Giant slalom	Waxing Area
Change Facilities / Meeting Room Requirements	Enough to accommodate 180 athletes, 40 coaches & 40 officials – area to leave back packs	Enough to accommodate 180 athletes, 40 coaches & 40 officials – area to leave back packs
Storage Requirements	Secure Space to accommodate equip – fencing, gates, flags, timing equip, - supplied by host venue	Secure Space to accommodate equip – fencing, gates, flags, timing equip, - supplied by host venue
Equipment Requirements (to be provided by GOC)	27 mm Gates, Safety Netting, Flags, Crowd Control Fence, Timing equipment PA System Computer, Printer for start lists & results	27 mm Gates, Safety Netting, Flags, Crowd Control Fence, Timing equipment PA System Computer, Printer for start lists & results
# of field of play hours	3 days – approximately 8-9hrs/day	3 days – approximately 8-9hrs/day
Seating Capacity	Fenced spectator area at finish	Fenced spectator area at finish
Other (additional information that does not relate to items above)	2 patrol on hill at start of race at all times	Ski club to organize race day.

Sport: **BADMINTON**

Specifications	Minimum Standards	Ideal Standards
Field of Play (i.e. – gym dimensions, height of ski hill, floor type, # of courts, wall colours, accessibility, etc)	<p>Gymnasium Dimensions – 6 badminton courts with posts and nets – space around courts for spectators and space between courts Ceiling height – dependent on obstructions Wall colour – dark Windows/glass doors need to be covered Space required for teams alongside courts.</p> <p>Site inspection would determine if a less than ideal height but with no obstructions and space around courts would be suitable. This inspection would be carried out by an Ontario Badminton Association appointed official. All possible venues should be inspected.</p>	<p>Gymnasium Dimensions – 8 badminton courts with posts and nets – space around courts for spectators and space between courts Ceiling Height – 30 feet, no obstructions Wall Colour – dark Minimal windows – need to be covered Space required for teams alongside courts.</p> <p>Site inspection required. This inspection would be carried out by an Ontario Badminton Association appointed official. All possible venues should be inspected.</p>
Change Facilities / Meeting Room Requirements	1 male, 1 female change room	1 Male, 1 Female Changeroom
Storage Requirements		If available, small amount of space to leave boxes, etc
Equipment Requirements (to be provided by GOC)	70 doz shuttles	70 dozen Shuttles
# of field of play hours	33 hrs (3 days)	33 hrs (3 days)
Seating Capacity	Space around courts for spectators – site inspection	Space around courts for spectators – site inspection
Other (additional information that does not relate to items above)	Basketball nets, etc must be raised to the minimum ceiling height. Site inspection by an Ontario Badminton Association appointed official required.	

Sport: **BIATHLON (AIR RIFLE)**

Specifications	Minimum Standards	Ideal Standards
Field of Play (i.e. – gym dimensions, height of ski hill, floor type, # of courts, wall colours, accessibility, etc)	x-c ski trails, large flat space accessible from ski trails 3 ski loops 1.5Km. 2.0Km and 2,5Km with no specified climb limit. A wax room is required however could be at a different location than the race venue 10 Firing Lanes of 2.7 meters in width & 10 meters in length. Must be space behind the firing point of 15 meters in width for passage of biathletes, officials, coaches. Additional 15 meters behind passage for spectators 100 m penalty loop	3 ski loops of different lengths, 4 kms in length with cut off at 3kms, 2.5km, 2 km, 1.5kms. 6 m wide These should be undulating, 175m total climb. 10 Firing Lanes of 3 meters in width & 10 meters in length. Must be space behind the firing point of 15 meters in width for passage of biathletes, officials, coaches. Additional 15 meters behind passage for spectators space for 100 m penalty loop Capacity of ski waxing prior to races (heated room with multiple electrical outlets and well ventilated)
Change Facilities / Meeting Room Requirements	Within 1Km of the stadium: 1. Heated room requirement for 30 volunteers briefings and common area. 2.Heated change facilities for both males and females. 3. Washroom or portable toilet at site	Heated change facilities for both males and females within 1km of start area. Office space for jury meetings, calculations, and team captain meetings Washroom or portable toilet with 50 m of start line
Storage Requirements	Secured cold storage shed for range equipment 10 X 10 within 1km of range	Area capable of being secured for storage of targets and range equipment over night.
Equipment Requirements (to be provided by GOC)	2 light over snow vehicles with towing capacity, rollers and flattening pan Bales of hay for back stop of shooting range – 65 hay bales	Large snow grooming machine (Bombardier/Pisten Bully) and an experienced operator Bales of hay for back stop of shooting range – 90 hay bales 4 radios Loud hailer or equivalent 2 tables
# of field of play hours	Day 1 – 5 hours, Day 2 – 4 hours	Day 1 – 5 hours, Day 2 –4 hours
Seating Capacity		
Other (additional information that does not relate to items above)	CSPS team available for trailside and range area first aid	

Sport: **BOXING**

Specifications	Minimum Standards	Ideal Standards
Field of Play (i.e. – gym dimensions, height of ski hill, floor type, # of courts, wall colours, accessibility, etc)		Double gymnasium or equivalent (i.e. – large banquet hall) Athlete warm up area in back corner of gymnasium At Accommodations – 2 rooms for athlete weigh in and pre bout medical (Room #1 – fit 10 people, Room #2 – fit 40-50 people)
Change Facilities / Meeting Room Requirements	1 Female, 1 Male Changeroom	1 Female, 2 Male Changerooms
Storage Requirements		
Equipment Requirements (to be provided by GOC)		Competition Ring (20ft x 20ft), 2 stools for boxers, 2 spit buckets, competition gloves (3 sets) – all comes with ring rental. 6 tables Photocopier PA System
# of field of play hours		3 Session of 3 hours each (over 2 days)
Seating Capacity		
Other (additional information that does not relate to items above)	NOTE: 2 Licensed Physicians required for pre bout medicals and for duration of bouts.	

Sport: **CROSS COUNTRY SKI**

Specifications	Minimum Standards	Ideal Standards
Field of Play (i.e. – gym dimensions, height of ski hill, floor type, # of courts, wall colours, accessibility, etc)	Accommodate 2.5 – 5km course with variety of terrain to challenge the athletes Adequate warm up trail Wax area in chalet with sufficient electrical service Heated Chalet Start/Finish areas must have adequate electrical service to run computers and large display clocks Timing huts	Accommodate 5 – 10km course with variety of terrain to challenge the athletes Adequate warm up trail and wax testing area Wax area in chalet with sufficient electrical service Heated Chalet with showers Start/Finish areas must have adequate electrical service to run computers and large display clocks Timing huts Adequate course marking equipment, ie v boards, trail signage and kilometer markings.
Change Facilities / Meeting Room Requirements	Heated changerooms – 1 male, 1 female Isolated computer results room with door	Heated changerooms – 1 male, 1 female Isolated computer results room with door Meeting room for Jury meetings and Team leaders meetings
Storage Requirements	Volunteer and Officials area to store gear during event. Adequate chalet for athletes to store equipment	Volunteer and Officials area to store gear during event. Adequate chalet for athletes to store equipment
Equipment Requirements (to be provided by GOC)		
# of field of play hours	2 Days – Approximately 3-4 hrs/day	Training day 2 Days – Approximately 3-4 hrs/day
Seating Capacity		n/a
Other (additional information that does not relate to items above)		

Sport: **CURLING**

Specifications	Minimum Standards	Ideal Standards
Field of Play (i.e. – gym dimensions, height of ski hill, floor type, # of courts, wall colours, accessibility, etc)	Curling Rink with 4 sheets of ice	Curling Rink with 6 curling sheets
Change Facilities / Meeting Room Requirements	1 M & 1 F changeroom	1 Male & 1 Female Changeroom
Storage Requirements	Not Required	Not required
Equipment Requirements (to be provided by GOC)	Internet Access	PA System if available High Speed Internet access if available
# of field of play hours	Approx 28 hours over 3 days	Approximately 20 hrs over 3 days
Seating Capacity		
Other (additional information that does not relate to items above)		

Sport: **DIVING**

Specifications	Minimum Standards	Ideal Standards
Field of Play (i.e. – gym dimensions, height of ski hill, floor type, # of courts, wall colours, accessibility, etc)	Pool which includes 1 meter board, 3 meter board & 5 meter tower Deck Space to accommodate athletes Official seating on either side of pool and area for table officials to record scores	Pool which includes 1 meter board, 3 meter board, and total tower Deck Space to accommodate athletes Official seating on either side of pool and area for table officials to record scores
Change Facilities / Meeting Room Requirements	1 Male & 1 Female Changeroom	1 Male & 1 Female Changeroom
Storage Requirements		Not required
Equipment Requirements (to be provided by GOC)	PA System – with 2 microphones 4 tables, 20 chairs	PA System – with 2 microphones 4 tables, 20 chairs
# of field of play hours	3 days – 6-7 hrs/day	
Seating Capacity		
Other (additional information that does not relate to items above)	Raised platform may be required for officials – depends on facility If the facility has a functioning club, then the boards do not need to be inspected. Each of our clubs has the specs for their boards, and they are regularly inspected. If the facility that is chosen does not have a club, than a representative from Dive Ontario or Dive Canada, should inspect the facility to ensure that the facility can handle a competition and that the boards are in working order	

Sport: **FIELD HOCKEY - INDOOR**

Specifications	Minimum Standards	Ideal Standards
Field of Play (i.e. – gym dimensions, height of ski hill, floor type, # of courts, wall colours, accessibility, etc)	Double gymnasiums – Field of Play dimensions 36 meters x 18 meters	Double gymnasium – Field of Play dimensions 44 meters x 22 meters
Change Facilities / Meeting Room Requirements	4 Changerooms – 1 Male, 1 Female, 2 Officials	6 Changerooms – 2 Male, 2 Female, 2 Officials
Storage Requirements		Not required
Equipment Requirements (to be provided by GOC)	Indoor Field Hockey Boards for the perimeter of court (4 inches in height x 6 inches wide) Goal Nets 3.00 meters wide x 2.00 meter high Gymnasium scoreboard PA System 4 tables with chairs	Indoor Field Hockey Boards for the perimeter of court (4 inches in height x 6 inches wide) Goal Nets 3.00 meters wide x 2.00 meter high Gymnasium scoreboard PA System 4 tables with chairs
# of field of play hours		20 games – 1.5 hrs/game
Seating Capacity		
Other (additional information that does not relate to items above)		

Sport: **FIGURE SKATING**

Specifications	Minimum Standards	Ideal Standards
Field of Play (i.e. – gym dimensions, height of ski hill, floor type, # of courts, wall colours, accessibility, etc)	Two standard hockey rink ice surfaces in one complex. <u>85' x 195' for practice</u> <u>85' x200' for competition ice</u>	Two standard hockey rink ice surfaces in one complex. Ice surfaces either <u>85x 200 or 100 x 200 for competition</u> Off ice warm up area for skaters to stretch and practice jumps & lifts (in concourse or adjacent gym) Removal of one panel of glass
Change Facilities / Meeting Room Requirements	5 Standard arena change rooms. Heated room at rink side with tables and chairs (approximately 20 – 24) for judges per and post meetings. Second heated room close to rink with a photocopier with sorter for data specialist (power supply required) Tables and chairs	6 Standard arena change rooms. Heated room at rink side with tables and chairs (approximately 20 – 24) for judges per and post meetings. Second heated room close to rink with a photocopier with sorter for data specialist (power supply required) Tables and chairs
Storage Requirements	Access to one of above heated rooms at night to store computers, etc (needs to be able to lock)	Access to one of above heated rooms at night to store computers, etc (needs to be able to lock)
Equipment Requirements (to be provided by GOC)	Photocopier <u>with sorter</u> available during the event as well as for set up on the Thursday. 16-18 tables Music & Sound System (PA) in both rinks	Photocopier <u>with sorter</u> available during the event as well as for set up on the Thursday 16-18 tables Music & Sound System (PA) in both rinks
# of field of play hours	44 hrs Practice ice – 14 hours Competition ice – 30 hours	44 hrs Practice ice – 14 hours Competition ice – 30 hours
Seating Capacity	Required for both ice surfaces	Required for both ice surfaces
Other (additional information that does not relate to items above)	A platform for the judges' stand will have to built in the main rink to accommodate judges, data specialists, timers, music players and announcers. Specifications specific to facility.	

Sport: **FREESTYLE SKI**

Specifications	Minimum Standards	Ideal Standards
Field of Play (i.e. – gym dimensions, height of ski hill, floor type, # of courts, wall colours, accessibility, etc)	<p><i>Moguls</i> – Ski hill with minimum 200m long, 26 degree pitch, 50 m wide</p> <p><i>Halfpipe</i> – 22 foot walls, with walls that reach 90 degrees on both sides</p> <p><i>Slopestyle</i> – While no standardized specs have been developed by our NSO, a slopestyle course should offer a series of possible lines that can accommodate novice-advanced park skiers. Each skier should be able to hit five features in each run, and these features should consist of both jumps and rails/boxes.</p> <p>All sites must have a finish area that provides ample room for the athletes to come to a stop.</p> <p>Indoor scoring area with power.</p>	Same as minimum.
Change Facilities / Meeting Room Requirements	Chalet with adequate change and washroom facilities. Must be able to accommodate 120 people for boot changing. Also must have room for a registration desk.	Same as minimum.
Storage Requirements	Small room to store a couple of Rubbermaid containers.	Area on-hill to store banners, tent, and flags.
Equipment Requirements (to be provided by GOC)	<p>Judges Stand – 5 x 10 ft scaffolding platform (2 levels, 2 tables, 8 chairs, minimum of 2 platforms wide.) <i>Must be stable and safe.</i></p> <p>Safety B Netting & Bamboo sticks, safety impact bags, corral start and finish areas.</p> <p>Sound System.</p> <p>Timing system for moguls event.</p>	Same as minimum.
# of field of play hours	<p>8 hrs x 3 days (competition)</p> <p>Must have a minimum of one 8 hr training day prior to each event. After the first training day, these can fall on the same day as other freestyle competitions.</p>	<p>8 hrs x 3 days (competition)</p> <p>Two 8 hr training day prior to each event.</p> <p>Moguls should ideally have two training days prior to the competition.</p>
Seating Capacity		
Other (additional information that does not relate to items above)	It would be great if we could hold both a dual moguls and single moguls competition. This would mean adding an additional competition day to the schedule, but require very little extra set up. FSO or the mountain would be able to provide all extra equipment needed for this event.	

Sport: **GYMNASTICS (AEROBIC)**

Specifications	Minimum Standards	Ideal Standards
Field of Play (i.e. – gym dimensions, height of ski hill, floor type, # of courts, wall colours, accessibility, etc)	<ol style="list-style-type: none"> 1) Minimum ceiling height of 8 metres 2) Gymnasium Dimensions - 45m in length and 30m in width 	<ol style="list-style-type: none"> 1) Ceiling height of 10 - 12 metres. 2) Gymnasium Dimensions – 45m in length and 30m in width.
Change Facilities / Meeting Room Requirements	Separate Changerooms for Male and Female Athletes 1 Judges Meeting Room – Classroom set up with Tables and Chairs for 8 (secure for belongings)	Separate Changerooms for Male and Female Athletes 1 Judges Meeting Room – Classroom set up with Tables and Chairs for 8 (secure for belongings)
Storage Requirements		
Equipment Requirements (to be provided by GOC)	<ol style="list-style-type: none"> 1) Gymnastics Floor 2) Competition Area Dimensions For categories up to 3 persons the competition floor area is 7m x 7m and must be clearly marked. For categories of 6 persons the competition floor area is 10m x 10m and must be clearly marked. 	<ol style="list-style-type: none"> 1) A cushioned floor with a wood or parquet surface. 2) Competition Area Dimensions For categories up to 3 persons the competition floor area is 7m x 7m and must be clearly marked. For categories of 6 persons the competition floor area is 10m x 10m and must be clearly marked.
# of field of play hours	Determined by # of Performances – Range from 1 hour to 3 hours	Determined by # of Performances
Seating Capacity	100	100
Other (additional information that does not relate to items above)	Announcing and Sound – CD Tables and Chairs Computer Scoring and Printer Seating for Athletes and Coaches in Warm Up Area Athletic Therapist on site.	Announcing and Sound – CD Tables and Chairs Computer Scoring and Printer Seating for Athletes and Coaches in Warm Up Area Athletic Therapist on site.

Sport: **GYMNASTICS (MEN'S & WOMEN'S ARTISTIC)**

Specifications	Minimum Standards	Ideal Standards
Field of Play (i.e. – gym dimensions, height of ski hill, floor type, # of courts, wall colours, accessibility, etc)	Gymnasium (or equivalent) – 100 ft x 150 ft Ceiling Height – minimum 8 meters Level Surface (ie. absence of pits)	Gymnasium (or equivalent) – 100 ft x 200 ft Ceiling Height - minimum 8 meters Level Surface (ie. absence of pits)
Change Facilities / Meeting Room Requirements	2 Male and 2 Female Changerooms 1 Judges Meeting Room per discipline – Classroom set up with Tables and Chairs for 17 (secure for belongings)	2 Male & 2 Female Changerooms 1 Judges Meeting Room per discipline – Classroom set up with Tables and Chairs for 17 (secure for belongings)
Storage Requirements		
Equipment Requirements (to be provided by GOC)	Full set of Men's & Women's Apparatus (Vault, Bars, Beam, Floor, Pommels, Rings, Parallel Bars, Floor, Rings) – and all matting requirements. Score Flash Stands	Full set of Men's & Women's Apparatus (Vault, Bars, Beam, Floor, Pommels, Rings, Parallel Bars, Floor, Rings) – and all matting requirements. Score Flash Stands
# of field of play hours	4 Hours	4 Hours
Seating Capacity	250	400
Other (additional information that does not relate to items above)	10 Video Cameras and Tripods 25 Tables and 100 Chairs Announcing and Sound System (CD) Athletic Therapist on Site 2 Computers and Printers for Scoring Seating for Athletes and Coaches	10 Video Cameras and Tripods 25 Tables and 100- Chairs Announcing and Sound System (CD) Athletic Therapist on Site Electronic Scoring System Seating for Athletes and Coaches

Sport: **GYMNASTICS (RYTHMIC)**

Specifications	Minimum Standards	Ideal Standards
Field of Play (i.e. – gym dimensions, height of ski hill, floor type, # of courts, wall colours, accessibility, etc)	Ceiling Height of 8 metres Gymnasium or Equivalent – 100 ft x 150 ft 2 metres in distance between carpet and spectators No ventilation. No concrete – hardwood floor required	Gymnasium (or equivalent) – 100 ft x 150 ft Ceiling Height – 10 - 14 meters 4 metres in distance between carpet and spectators Curtaining to separate training carpet from competition carpet (min 6 ft high) No ventilation. No concrete – hardwood floor required
Change Facilities / Meeting Room Requirements	1 Female Change Areas 1 Judges Meeting Room – Classroom set up with Tables and Chairs for 8 (secure for belongings)	2 Female Change Areas 1 Judges Meeting Room – Classroom set up with Tables and Chairs for 16 (secure for belongings)
Storage Requirements		
Equipment Requirements (to be provided by GOC)	2 Rhythmic Carpets (13m x 13m) plus 50 c.m. safety zone. 6 tables and 12 Chairs Risers – for two 6 ft tables and 4 chairs	2 Rhythmic Carpets (13m x 13m) plus 50 c.m. safety zone. Barriers around the carpet (approx 1 ft high) to keep apparatus in playing field. 6 tables and 12 chairs Risers – for two 6 ft tables and chairs
# of field of play hours	Dependent Upon # of Competitors; Ranging from 3 Hours to 6	Dependent Upon # of Competitors; Ranging from 3 to 6 Hours Training Time on Day Prior to Competition
Seating Capacity	100	200
Other (additional information that does not relate to items above)	Videotaping (1 Camera and Tripod) LCD Projector and Screen for Scoring Display 2 Computers and Printer for Scoring Athletic Therapist on Site Seating for Athletes and Coaches	Videotaping (1 Camera and Tripod) LCD Projector and Screen for Scoring Display 2 Computers and Printer for Scoring Archway or Balloons to designate entrance to competition carpet. Athletic Therapist on Site Seating for Athletes and Coaches

Sport: **GYMNASTICS (TRAMPOLINE & TUMBLING)**

Specifications	Minimum Standards	Ideal Standards
Field of Play (i.e. – gym dimensions, height of ski hill, floor type, # of courts, wall colours, accessibility, etc)	Gymnasium (or equivalent) – 100 ft x 150 ft Ceiling Height – 8 meters	Gymnasiums (or equivalent) – 100 ft x 200 ft Ceiling Height - 10 to 12 meters
Change Facilities / Meeting Room Requirements	Separate Male and Female Changerooms 1 Judges Meeting Room – Classroom set up with Tables and Chairs for 12 (secure for belongings)	Separate Male and Female Changerooms 1 Judges Meeting Room – Classroom set up with Tables and Chairs for 12 (secure for belongings)
Storage Requirements		
Equipment Requirements (to be provided by GOC)	2 Trampolines (plus end decks and mats) Throw In Mats for Trampoline and DMT Rod Tumbling Strip (run up and landing zone) Double Mini Trampoline (run up and landing zone) 8 x 16 ft stage- 4 ft off the ground	2 Trampolines (plus end decks and mats) Throw in Mats for Trampoline and DMT Rod Tumbling Strip (run up and landing zone) Double Mini Trampoline (run up and landing zone) 8 x 16 ft stage – 4 ft off the ground Curtaining – to create athlete areas
# of field of play hours	4 Hours	4 Hours
Seating Capacity	200	300
Other (additional information that does not relate to items above)	3 Video cameras and Tripods 3 Computers and Printers 12 Tables and 50 Chairs Cable Ties/Duct Tape Athletic Therapist On Site Seating for Athletes and Coaches Announcing and Sound System (CD)	3 Video cameras and tripods 4 Computers and Printers with networking 12 Tables and 50 Chairs Cable Ties and Duct Tape Athletic Therapist on Site Seating for Athletes and Coaches Announcing and Sound System (CD)

Sport: **HOCKEY - MEN**

Specifications	Minimum Standards	Ideal Standards
Field of Play (i.e. – gym dimensions, height of ski hill, floor type, # of courts, wall colours, accessibility, etc)	Ice Surface (190 ft x 85ft) Regulation markings (goal crease, centre ice spot and circle, neutral zone, face off spots and circles, end zone face off spots and circles)	Standard regulation ice surface (200ft x 85ft) Regulation markings (goal crease, centre ice spot and circle, neutral zone, face off spots and circles, end zone face off spots and circles)
Change Facilities / Meeting Room Requirements	Minimum of 4 Dressing Rooms (with shower and washroom in each) Dressing Room for on-ice officials (with shower and washroom) When required, access to a meeting room to be used for the PSO Hockey Delegates and Tournament Governing committee for meetings and all discipline and complaint hearings.	8 dressing rooms + Officials Room (with shower & washroom in each) A designated meeting room to be available for the duration of the tournament to be used for the PSO Hockey Delegates and Tournament Governing Committee meetings and all discipline and complaint hearings
Storage Requirements	Equipment storage/drying room required for the attending teams in a secure area either at the arena or local hotel(s)	Equipment Storage /drying room required for the attending teams, in a secure area either at the arena or local hotel(s)
Equipment Requirements (to be provided by GOC)	Two standard regulation ice hockey goal nets Electronic scoreboard and time clock Zamboni for ice re-surfacing PA System located at game/time keeper area Red carpet for medal presentations	Two standard regulation ice hockey goal nets Electronic scoreboard and time clock Zamboni for ice re-surfacing House PA system, for PSA announcements, to play anthem, etc. Red carpet and podium with microphone for medal presentations
# of field of play hours	34 hours	34 hours
Seating Capacity	Main host arena must have adequate seating (minimum of 1,000)	Main host arena with adequate seating (1,000 or more if possible) or main host arena with 2 ice pads
Other (additional information that does not relate to items above)	Separate area overlooking ice surface for PSO Hockey Delegates to watch tournament games Provide each participating team with information regarding community's skate sharpening facilities Foyer/display area for score boards Access to fax machine First aid room available	Inside viewing room overlooking ice surface for PSO Hockey Delegates to watch tournament games Facility has on site skate sharpening facility Foyer/display area to post score boards, etc. Access to fax machine and internet First aid room available

Sport: **HOCKEY - WOMEN**

Specifications	Minimum Standards	Ideal Standards
Field of Play (i.e. – gym dimensions, height of ski hill, floor type, # of courts, wall colours, accessibility, etc)	Ice Surface (190 ft x 85ft) Regulation markings (goal crease, centre ice spot and circle, neutral zone, face off spots and circles, end zone face off spots and circles) Players Bench (2) with 2 doors Penalty Bench	Standard regulation ice surface (200 ft x 85 ft) Regulation markings (goal crease, centre ice spot and circle, neutral zone, face off spots and circles, end zone face off spots and circles) Players Bench (2) Penalty Bench (on opposite side to players bench)
Change Facilities / Meeting Room Requirements	Dressing Room for 2 teams/game (with shower and washroom in each) Officials Change Room with shower and wash room Event Office/Meeting Room for OWHA	8 dressing rooms + Officials Room (with shower & washroom in each) Room at hotel on first night for Coaches Meeting 1 Meeting room for OWHA Organizers 1 Meeting room with lock for OWHA Mentors/Evaluators (preferably meeting room overlooking ice) Press Box with internet access Snack Bar Team warm up area Meeting room for team sessions
Storage Requirements	Storage for all team equipment at the rink OWHA operational materials Players' equipment drying room/area (secured)	Players' equipment drying room/area (secured) Dedicated dressing room per team for duration of event Dedicated room for on-ice officials
Equipment Requirements (to be provided by GOC)	Two standard regulation ice hockey goal nets Electronic scoreboard and time clock Zamboni for ice re-surfacing PA System located at game/time keeper area Warm up pucks (50x2)	Two standard regulation ice hockey goal nets Electronic scoreboard and time clock Zamboni for ice re-surfacing Goal Lights PA System located at game/time keeper area Red carpet for medal presentation Skate sharpening
# of field of play hours	40 hours	40 hours
Seating Capacity	500	1500
Other	Therapist on site Doctor and dentist available on call	Emergency medical staff on site

Sport: **JUDO**

Specifications	Minimum Standards	Ideal Standards
Field of Play (i.e. – gym dimensions, height of ski hill, floor type, # of courts, wall colours, accessibility, etc)	Gymnasium (or equivalent) that will fit one mat area (14 meters x 14 meters) plus warm up area (8 meters x 8 meters). Preferred sprung floor. Normal hard wood floor is acceptable. Cement floor would not be appropriate or allowed.	Gymnasium (or equivalent) that will fit two mat areas (28 meters x 14 meters) plus warm up area (8 meters x 8 meters)
Change Facilities / Meeting Room Requirements	1 Male & 1 Female Change room	1 Male & 1 Female Change room Meeting Room on night before competition for Un Official Weigh In
Storage Requirements	Mat storage for 1-2 days (50' trailer)	Mat storage for 1-2 days (50' trailer)
Equipment Requirements (to be provided by GOC)	Judo Mats (1 set @ 14 meters x 14 meters each) 18 tables & 50 chairs PA System Podium	Judo Mats (2 sets @ 14 meters x 14 meters each) 18 tables & 50 chairs PA System Podium
# of field of play hours	8 hours	6 hrs or 9 hrs with weigh-in at same venue
Seating Capacity	50 100	100 150
Other (additional information that does not relate to items above)	Official Weigh In will take place prior to the start of competition or the night before.	Official Weigh In will take place prior to the start of competition or the night before.

Sport: **KICKBOXING**

Specifications	Minimum Standards	Ideal Standards
Field of Play (i.e. – gym dimensions, height of ski hill, floor type, # of courts, wall colors, accessibility, etc)	Gymnasium (or equivalent; i.e. – banquet hall) - the location should be 2000 sq/ft Ceiling Height – 11 feet high 2 Warm Up Areas – in competition area with partitions	Gymnasium (or equivalent; i.e – banquet hall) – the location would be 3000 sq/ft Ceiling Height – over 11 feet high 2 Warm Up Rooms – adjacent to competition area (meeting rooms or classrooms)
Change Facilities / Meeting Room Requirements	1 Male & 1 Female Change room 2 Rooms for Pre Bout Medicals in hotel or at competition venue (depending on distance to venue)	1 Male & 1 Female Change room 2 Rooms for Pre Bout Medicals in hotel or at competition venue (depending on distance to venue)
Storage Requirements		Small storage room for medical supplies, judge materials and official's document.
Equipment Requirements (to be provided by GOC)	Regulation Boxing Ring – 5 meters squared with under padding of 1 inch 4 tables, 15 chairs PA System	Regulation Boxing Ring – 5 meters squared with under padding of 1 inch 4 tables, 15 chairs PA System
# of field of play hours	2 Brackets x 3 hrs each	3 Brackets x 3 hrs each
Seating Capacity	300	300-500
Other (additional information that does not relate to items above)	Official Weigh in will take place the morning prior to competition Brackets are split between 2 days	Official Weigh In will take place the morning prior to competition. Brackets are split between 2-3 days

Sport: **RINGETTE**

Specifications	Minimum Standards	Ideal Standards
Field of Play (i.e. – gym dimensions, height of ski hill, floor type, # of courts, wall colours, accessibility, etc)	One Regulation Ice Surface (190ft x 85ft) Official Ringette ice markings	One Regulation Ice Surface (200ft x 85ft) Official Ringette ice markings
Change Facilities / Meeting Room Requirements	2 dressing rooms/team for each games 1 Official's dressing room	6 dressing rooms for duration of competition 2 Official's dressing rooms
Storage Requirements	Storage room at arena during the event for players equipment	
Equipment Requirements (to be provided by GOC)		PA System for Medal Presentations
# of field of play hours	23 hrs 15 mins	23 hrs 15 mins
Seating Capacity		
Other (additional information that does not relate to items above)	Electrical outlets required at each end, close to nets, for shot clock operation (note – shot clocks provided by PSO)	Electrical outlets required at each end, close to nets, for shot clock operation (note – shot clocks provided by PSO) Warm up area for each team to run/skip/stretch before they get dressed (ie. Use of gymnasium if facility has one)

Sport: **SLEDGE HOCKEY**

Specifications	Minimum Standards	Ideal Standards
Field of Play (i.e. – gym dimensions, height of ski hill, floor type, # of courts, wall colours, accessibility, etc)	<ul style="list-style-type: none"> Regulation hockey rink with standard goals Accessible facility to standards acceptable to OSHA 	<ul style="list-style-type: none"> Regulation hockey rink with standard goals Hockey rink meeting Hockey Canada standards for sledge, allowing players to use the dressing rooms, benches and penalty boxes, while in their sleds with the use plastic flooring and wide bench doors. Plexiglas fitted in the boards to allow visibility and a low lip between the benches and ice surface.
Change Facilities / Meeting Room Requirements	<ul style="list-style-type: none"> Require 3 available dress rooms for each game (1 per each team and 1 for female players) 	
Storage Requirements	<ul style="list-style-type: none"> Storage facility at arena of adequate size to store hockey equipment and sleds for players 	
Equipment Requirements (to be provided by GOC)	<ul style="list-style-type: none"> Microphone available at ice level for announcements and presentations 	
# of field of play hours	<ul style="list-style-type: none"> 1.5 hours of ice time for each of 6 round robin games of tournament (total 9 hours) Ice time to be scheduled to allow for 6 games to be played on Friday and Saturday 1.5 hours of ice time for each medal game (total 3 hours) to be played on Sunday with accommodations to allow for 1, 5 minute overtime period and shootout if necessary 	
Seating Capacity	<ul style="list-style-type: none"> 200 -500 for all games 	
Other (additional information that does not relate to items above)	<ul style="list-style-type: none"> On Ice officials for the tournament to be selected and scheduled by the referee in chief and OSHA Arena to have a sound system capable of playing music during warm-up and stoppages of play during the games 	

Sport: **SNOWBOARDING (HALFPIPE)**

Specifications	Minimum Standards	Ideal Standards
Field of Play (i.e. – gym dimensions, height of ski hill, floor type, # of courts, wall colours, accessibility, etc)	Inclination – 14 ft Length – 100 meters Width (Lip to Lip) – 14 meters Wall Height – 3 meters Transition – 3 meters	Inclination – 16 ft (Maximum 18ft) Length – 120 meters (Maximum 140m) Width (Lip to Lip) – 16 meters (Maximum 18m) Wall Height – 3.5 meters (Maximum 4.5m) Transition – 4 meters (Maximum 5m)
Change Facilities / Meeting Room Requirements	Heated Male & Female Area	Heated Male & Female Changeroom
Storage Requirements	Not required	Not required
Equipment Requirements (to be provided by GOC)	Two Way Radios – 4 Safety Netting (amount is dependent on course)	PA System Two Way Radios – 4 Safety Netting (amount is dependent on course)
# of field of play hours	2 hrs	3 hrs
Seating Capacity		
Other (additional information that does not relate to items above)	Drop in area (start area) must give the riders the opportunity to enter the Halfpipe with proper speed. Finish area must be flat and big enough to allow the rider to come to a safe stop. It has to be fenced off completely.	

Sport: **SNOWBOARDING (PARALELL GS)**

Specifications	Minimum Standards	Ideal Standards
Field of Play (i.e. – gym dimensions, height of ski hill, floor type, # of courts, wall colours, accessibility, etc)	Vertical Drop – 120 meters # of Gates – 18 Course Length on Ground – 400 meters Course Width – 40 meters (permit 2 courses) Terrain must be the same across the surface of the slope. Course layouts must have the same profile and same difficulties Start gates must be set at the top of the course a minimum of 24 hours prior to the event.	Vertical Drop – 200 meters # of Gates – 25 Course Length on Ground – 550 meters Course Width – over 40 meters (permit 2 courses) Terrain must be the same across the surface of the slope. Course layouts must have the same profile and same difficulties Start gates must be set at the top of the course a minimum of 24 hours prior to the event.
Change Facilities / Meeting Room Requirements	Heated Male & Female Area	Heated Male & Female Changeroom
Storage Requirements	Not required	Not required
Equipment Requirements (to be provided by GOC)	*Two Way Radios – 4 plus 1 per gatekeeper *Starting Gate *Timing System Safety Netting (amount is dependent on course)	PA System *Two Way Radios – 4 plus 1 per gatekeeper *Starting Gate *Timing System Safety Netting (amount is dependent on course)
# of field of play hours	3 hrs	4 hrs
Seating Capacity		
Other (additional information that does not relate to items above)	Parallel GS is usually scheduled on the same day as Slopestyle * Equipment may be available from the PSO	

Sport: **SNOWBOARDING (BOARDERCROSS)**

Specifications	Minimum Standards	Ideal Standards
Field of Play (i.e. – gym dimensions, height of ski hill, floor type, # of courts, wall colours, accessibility, etc)	Vertical Drop – 100 meters Course Length on Ground – 500 meters Running Time – 40 seconds Course Width – 40 meters Terrain must be the same across the surface of the slope. Course layouts must have the same profile and same difficulties Start gates must be set at the top of the course a minimum of 24 hours prior to the event.	Vertical Drop – 240 meters Course Length on Ground – 900 meters Running Time – 70 seconds Course Width – over 40 meters Terrain must be the same across the surface of the slope. Course layouts must have the same profile and same difficulties Start gates must be set at the top of the course a minimum of 24 hours prior to the event.
Change Facilities / Meeting Room Requirements	Heated Male & Female Area	Heated Male & Female Changeroom
Storage Requirements	Not required	Not required
Equipment Requirements (to be provided by GOC)	*Two Way Radios – 6 plus one per gatekeeper *Starting Gate *Timing System Safety Netting (amount is dependent on course)	PA System *Two Way Radios – 6 plus one per gatekeeper *Starting Gate *Timing System Safety Netting (amount is dependent on course)
# of field of play hours	4 hrs	5 hrs
Seating Capacity		
Other (additional information that does not relate to items above)	Course Preparation: track should be closed to the public 20 hours before the training. Terrain features should be built with sufficient time so that the snow has been compacted to insure that they can be properly maintained during training and competition. Boardercross is usually scheduled the same day as Halfpipe. * Equipment may be available from the PSO	

Sport: **SNOWBOARDING (SLOPESTYLE)**

Specifications	Minimum Standards	Ideal Standards
Field of Play (i.e. – gym dimensions, height of ski hill, floor type, # of courts, wall colours, accessibility, etc)	<ul style="list-style-type: none"> • Average incline of about 12 degrees with variability • Minimum 30 meters wide • Minimum vertical drop – 100 meters • Maximum vertical drop 200 meters • Minimum of 6 features and a minimum of 3 different features (features include, but are not limited to: table top jumps, fun boxes, quarter pipes, waves/jumps, rails and ridges) • Distance between features should allow for smooth transition • Minimum running time 20 seconds • Course should not favour regular or goofy riders • Start area must be flat and wide enough to for competitors to prepare • Finish area must be wide and deep enough to allow riders to safely complete their run 	
Change Facilities / Meeting Room Requirements	Heated Male & Female Area	Heated Male & Female Changeroom
Equipment Requirements (to be provided by GOC)	Two Way Radios – 4 Safety Netting (amount is dependent on course)	PA System Two Way Radios – 4 Safety Netting (amount is dependent on course)
# of field of play hours	3 hrs	4 hrs
Other	Slopestyle usually happens on the same day as Parallel GS.	

Sport: **SPEED SKATING**

Specifications	Minimum Standards	Ideal Standards
Field of Play (i.e. – gym dimensions, height of ski hill, floor type, # of courts, wall colours, accessibility, etc)	1 International Ice Surface (30m x 60m)	1 International Ice Surface (30m x 60m)
Change Facilities / Meeting Room Requirements	4 dressing rooms 1 Officials/Meeting Room Scoring Room – power for computers & printers	6 dressing rooms 1 Officials Room 1 Meeting Room Scoring Room – power for computers & printers
Storage Requirements		Storage for mats if the must be removed at night.
Equipment Requirements (to be provided by GOC)	Safety Mats 6 tables 16 chairs PA System Zamboni	Safety Mats 6 tables 16 chairs PA System Zamboni
# of field of play hours		Friday 1500-2300, Saturday 0700-1900, Sunday 0700-1800
Seating Capacity	500	1000
Other (additional information that does not relate to items above)	If rink is being used for other purposes when not being used for speed skating then a dressing room (or suitable storage area) must be provided for the storage of safety mats and other equipment.	

Sport: **SQUASH**

Specifications	Minimum Standards	Ideal Standards
Field of Play (i.e. – gym dimensions, height of ski hill, floor type, # of courts, wall colours, accessibility, etc)	Squash Courts – minimum 4 courts at one facility Must be able to be referred Viewing Available	Squash Courts – 5 at one facility Glass Backed
Change Facilities / Meeting Room Requirements	Same as ideal	1 Male & 1 Female Changeroom
Storage Requirements	Not required	Not required
Equipment Requirements (to be provided by GOC)	PA System if courts are not open	2 tables
# of field of play hours		27 hours
Seating Capacity	Minimum seating 50 people	Ideally, glass backed courts will have +50 seating capacity
Other (additional information that does not relate to items above)	Designated venue must be a member of Squash Ontario.	

Sport: **SYNCHRONIZED SWIMMING**

Specifications	Minimum Standards	Ideal Standards
Field of Play (i.e. – gym dimensions, height of ski hill, floor type, # of courts, wall colours, accessibility, etc)	25 meter pool with deep & shallow end Halls or common space for warm up/land practicing	50 meter pool with 25m deep end Separate room for warm up/land practicing
Change Facilities / Meeting Room Requirements	1 Female Changeroom	2 Female Changerooms
Storage Requirements	If pool is being used for other programs, storage is required for sound system, computers, tables and chairs Judges room – with tables and chairs (for 15 people)	If pool is being used for other programs, storage is required for sound system, computers, tables and chairs Judges room – with tables and chairs (for 15 people)
Equipment Requirements (to be provided by GOC)	PA System if courts are not open 10 judge chairs for duet and team events. 30-40 standard chairs 10 tables	10 judge chairs (elevated) for duet and team events. Can include use of guard chair if acceptable to pool staff. 50-60 standard chairs 18 tables
# of field of play hours		27 hours
Seating Capacity		
Other (additional information that does not relate to items above)	Judge chairs are available from the Provincial Sport Organization. Stored in Toronto and need to be transported to venue. Sound system is available from PSO	

Sport: **TABLE TENNIS**

Specifications	Minimum Standards	Ideal Standards
Field of Play (i.e. – gym dimensions, height of ski hill, floor type, # of courts, wall colours, accessibility, etc)	8 courts @ 10 x 5 meters. Ceiling Height 4 meters. floor wood, asphalt tile good lighting	Double Gymnasium 10 Courts @ 10 x 5 meters. Ceiling Height 5 meters Light 1000 lx Floor ITTF approved
Change Facilities / Meeting Room Requirements	1 Male & 1 Female Change room	1 Male & 1 Female Change room
Storage Requirements	Not required	Not required
Equipment Requirements (to be provided by GOC)	10 ITTF Approved Table Tennis Tables & 70 Court Providers (can be rented through PSO) Umpires tables 8 tables (2ft x 2ft) & 3 tables (2ft x 6ft) 15 Chairs PA System	12 ITTF Approved Table Tennis Tables & 80 Court Providers (can be rented through PSO) Umpires tables 10 tables (2ft x 2ft) & 3 tables (2ft x 6ft) 15 Chairs PA System
# of field of play hours	32 hours	32 hours
Seating Capacity	100	200
Other (additional information that does not relate to items above)		

Sport: **INDOOR VOLLEYBALL**

Specifications	Minimum Standards	Ideal Standards
Field of Play (i.e. – gym dimensions, height of ski hill, floor type, # of courts, wall colours, accessibility, etc)	Minimum 4 centre volleyball courts (18m x 9m), with at least 2 m of space around the perimeter of the court (distance from line to wall). High ceilings.	Minimum 4 centre volleyball courts (18m x 9m), with at least 4 m of space around the perimeter of the court (distance from line to wall). High ceilings.
Change Facilities / Meeting Room Requirements	Change rooms for female and male athletes Officials change room Tournament operations room	Change rooms for female and male athletes Officials change room and lounge (coaches lounge) Tournament operations room
Storage Requirements	Secure room to store volleyballs, score sheets, etc.	
Equipment Requirements (to be provided by GOC)	Volleyball nets, antennae, score cards, referees stand Volleyball poles are securely fastened and are covered in <u>secured</u> padding	
# of field of play hours		
Seating Capacity	spectator seating in two courts – 3 court locations preferred	spectator seating in 4 courts
Other (additional information that does not relate to items above)	1 scoring table per court, table size should accommodate 2 people with chairs 1 Officials stand per court PA system on show court	

Sport: **WEIGHTLIFTING**

Specifications	Minimum Standards	Ideal Standards
Field of Play (i.e. – gym dimensions, height of ski hill, floor type, # of courts, wall colours, accessibility, etc)	Banquet hall Weightlifting Platform =4x4 metres. Warmup area – Minimum 20 ft x 40 feet. Curtains – can divide competition area from warm-up area if room big enough Tables – 6 @ 6ft x3 ft Chairs – audience , volunteers, athletes (200) 4 Wall Dividers	Gymnasium or equivalent Weightlifting Platform = 4meters x 4meters Total Competition area with officials tables = 10meters x 10meters 4 – 5 Warm Up platforms @ 8 sq ft each – in adjacent –but separate area Large projection screen – scoreboard
Change Facilities / Meeting Room Requirements	2 – Changerooms – male/female 1 – weigh-in room (power outlet for digital scales – 1 desk and two chairs for officials	1 Male & 1 Female Locker room with washroom and showers Separate weigh-in room Officials and volunteers room with refreshments
Storage Requirements		Not required
Equipment Requirements (to be provided by GOC)	Warm-up platforms – MDF or plywood + rubber mats provided by host community. minimum (4) One competition platform =4x4 metres. Provisions for moving of equipment – main platform, lifting equipment, from closest well equipped club, to- and- from competition site. P.A system Equipment moved the day before and set-up on the eve of the contest. Equipment taken down – immediately after the contest and returned to host club – the day after the contest.	1 Competition weightlifting set, and additional training sets for warm up area. Wood and other materials for competition platforms, scoring system – all can be provided by Provincial Sport Organization. Warm Up platforms made from plywood or MDF board – with rubber insets (organizing committee) PA System – for competition area and running to warm-up room (organizing committee) Video camera with video feed to warm-up area (organizing committee)
# of field of play hours	Competition usually starts at 10 a.m. runs into the afternoon. 2 p.m-5 p.m depending on entrants	8 hrs
Seating Capacity	150 – audience seats	
Other	Competition and warm-up area is required for set-up the night before the competition – 6 p.m onward. Also – another event cannot be booked in the same area until the day after the contest. It takes time to dismantle platforms, move equipment and clean up after a contest.	

Sport: **WHEELCHAIR BASKETBALL**

Specifications	Minimum Standards	Ideal Standards
Field of Play (i.e. – gym dimensions, height of ski hill, floor type, # of courts, wall colours, accessibility, etc)	<ul style="list-style-type: none"> Gym – length 84 FT; width 50 Ft High School Gym (<i>NOT</i> Elementary sized gym) Electric scoreboard 2X 24 second shot clock FIBA court markings and 3-pt. line 	<ul style="list-style-type: none"> 2 gyms – one warm-up and 1 game gym gym – length – 94 Ft; width 50 Ft sound system
Change Facilities / Meeting Room Requirements	<ul style="list-style-type: none"> Minimum requirements needed for male and female changing rooms 	<ul style="list-style-type: none"> Accessible individual locker rooms for each team
Storage Requirements	<ul style="list-style-type: none"> Space to store 48 wheelchairs on game site 	<ul style="list-style-type: none"> Space to lock up 12 wheelchairs in a private room for each team = 4 rooms
Equipment Requirements (to be provided by GOC)	<ul style="list-style-type: none"> Basketballs – current approved basketballs from CWBA 	<ul style="list-style-type: none"> 2 X 24 second shot clocks
# of field of play hours	<ul style="list-style-type: none"> 1 game needs a 2-hour time slot 	
Seating Capacity	<ul style="list-style-type: none"> 200 	<ul style="list-style-type: none"> 500
Other (additional information that does not relate to items above)	<ul style="list-style-type: none"> accessibility of the gym/washrooms/changing rooms is a major need parking for persons with a disability may need to be increased 	

Sport: **WHEELCHAIR CURLING**

Specifications	Minimum Standards	Ideal Standards
Field of Play (i.e. – gym dimensions, height of ski hill, floor type, # of courts, wall colours, accessibility, etc)	Curling Rink with 4 sheets of ice	Curling Rink with 6 sheets of ice
Change Facilities / Meeting Room Requirements	Accessible 1 Male and 1 Female Change room	Accessible 1 Male and 1 Female Change Room
Storage Requirements	Not Required	Not Required
Equipment Requirements (to be provided by GOC)	Internet Access	PA System if available High Speed Internet access if available
# of field of play hours	Approx 10 hours over 3 days	Approx 10 hours over 3 days
Seating Capacity		
Other (additional information that does not relate to items above)		

Sport: **WRESTLING**

Specifications	Minimum Standards	Ideal Standards
Field of Play (i.e. – gym dimensions, height of ski hill, floor type, # of courts, wall colours, accessibility, etc)	Triple Gymnasium or equivalent (Approximately 100 ft x 75 ft) Tournament Officials Work Area adjacent or adjoining onto Competition area (i.e. stage or utility room). A two-gym set up (eg. a school setting) can be made to work, but is not ideal.	Triple Gymnasium or equivalent (Approximately 100 ft x 75 ft) Tournament Officials Work Area adjacent or adjoining onto Competition area (i.e. stage or utility room) Small office space with access to TV/VCR is required for video protest review.
Change Facilities / Meeting Room Requirements	1 Male & 1 Female Changeroom with showers. Sizing sufficient for competitor numbers. Adequate space for meal service if it is to be on-site	1 Male & 1 Female Changeroom with showers Sizing sufficient for competitor numbers. Coaches/Officials room. Adequate space for meal service if it is to be on-site
Storage Requirements	Minimal storage space is required, unless host group wishes to bring mats and other equipment in in advance.	Minimal storage space is required, unless host group wishes to bring mats and other equipment in in advance.
Equipment Requirements (to be provided by GOC)	Three Wrestling mats Mat Tape (15 rolls) Three electronic scoreboards/clocks & extension cords. 10 tables (6ft) 3 small tables (student desks) 50-60 chairs TV/VCR is required for video protest review. Pens and Pencils at each mat	Three Wrestling mats Warm up mat Mat Tape (15 rolls) Three electronic scoreboards/clocks & extension cords. 10 tables (6ft) 3 small tables (student desks) 50-60 chairs TV/VCR is required for video protest review. Pens and Pencils at each mat Access to a photocopier on site
# of field of play hours	12 hours (does not include set-up time the day before the competition).	12 hours (does not include set-up time the day before the competition).
Seating Capacity	300	500
Other (additional information that does not relate to items above)	Field of Play dimensions do not include space required for spectator seating. Please note that the gym, once set up, is not usable for any other function during off-competition hours, unless the host group is willing to strike the venue set up and re set up each day. The wrestling mats, once down, should be considered fixed. Medical Coverage should be arranged: Minimum 1 Certified Athletic Therapist (2 – 3 is ideal). Space the afternoon/evening before the days listed for competition is needed for event final registration, weigh-ins and administration of the tournament draw. A mid to large size meeting room can be used for this. Space should be clear at start but have 10 – 12 tables on hand for set up once weigh-ins are complete for use for the draw.	

Appendix G - Sport Technical Information – Minimum & Ideal Standards
Ontario Summer Games

Sport: **ARCHERY**

Specifications	Minimum Standards	Ideal Standards
Field of Play (i.e. – gym dimensions, height of ski hill, floor type, # of courts, wall colours, accessibility, etc)	1 archery range – flat grass field, grass cut to normal lawn length (70m by 20 m) with sufficient (minimum 30 m) free space at each end of the range to act as a safety zone and spectator area. Standard size Football or Soccer field Road or path ccess to field for small truck and equipment trailer	1 archery range – flat grass field, grass cut to normal lawn length (70 m by 20m) with sufficient (minimum 30 m) free space at each end of the range to act as a safety zone and spectator area.
Change Facilities / Meeting Room Requirements	Washroom facilities on site.	
Storage Requirements	Over night security on the field for Target buttresses and timing system. The OAA requests that the Athletes be allowed to keep their sport equipment in their rooms at the Athletes' Village for repairs and maintenance. If this arrangement is not acceptable then a secured room in the athletes' village will be required for the storage of the equipment with accessibility to the athletes.	
Equipment Requirements (to be provided by GOC)	<ul style="list-style-type: none"> - Lawnmower to ensure grass is cut. - AC power source required for scoring and timing devices and PA system - Tents (minimum 3) for shade and chairs for athletes on-site (60 chairs) - 10x10 shade tent with table and 3 chairs for Director of shooting position on field of play - Ropes or other marking methods to secure the perimeter of the range from spectator access. 	All of miminum standards plus Line painter for shooting line, field layout, spectator line and 3m safety line
# of field of play hours	Day 1 – Practice 8 AM – 3 PM Day 2 – Competition 8AM – 5PM Day 3 – Competition 8AM – 5PM Field set-up day prior to first practice day	
Seating Capacity	Spectator area behind the athlete area. Room for parents a sn support staff to put up their own small 10x10 shade tents	Bleachers along one side of shooting range for general public viewing area

Sport: **TRACK (ATHLETICS)**

Specifications	Minimum Standards	Ideal Standards	
Field of Play (i.e. – gym dimensions, height of ski hill, floor type, # of courts, wall colours, accessibility, etc)	Grade A Facility		
	Track	a Length of oval	400m
		b Surface	rubber or polyurethane
		c Minimum radius*	35m
		d Maximum radius*	38m
		e Number lanes (oval and straight)	6
		f Width of lanes	1.22m
		g Inside border	raised curb
		h Run-out	17m minimum
		i Obstacle-free zone	1m minimum
		j Drainage	puddles <0.8cm
		k Surface condition	no breaks, bubbles
		l Underground timing cables with 4 connection points	recommended
		m Stadium fencing	recommended
	n Wind breaks	recommended	
	* IAAF standard track has 36.5m radius.		
Change Facilities / Meeting Room Requirements	Washroom facilities on site.		
Storage Requirements			
Equipment Requirements (to be provided by GOC)	Can rent: Photo-timing Equipment (including rental cost and technician's fees, if any) Can rent or borrow: 3 Wind gauges Starters' Stand 10 sets of starting blocks		
# of field of play hours			
Seating Capacity	300 persons	500 persons for all Athletics Events	
Other	PA system	PA system, preferably with cordless field microphone included	

Sport: **LONG JUMP, TRIPLE JUMP, HIGH JUMP, POLE VAULT (ATHLETICS)**

Specifications	Minimum Standards	Ideal Standards
Field of Play (i.e. – gym dimensions, height of ski hill, floor type, # of courts, wall colours, accessibility, etc)	Grade A Facility	
	LONG/TRIPLE JUMP	
	No pits/runway combinations in each (opposite) direction	2
	Runway surface	rubber or polyurethane
	Minimum length of runway (ending at takeoff board)	40m
	Wooden take-off boards each runway - long jump	yes - 1m (to 3m)
	Wooden take-off boards each runway - triple jump	yes - 13 or 12m and 11 or 10m
	Landing areas	2.75m x 7-9m* x 30cm
	Take-off board replacements	yes
	* length depends on position of takeoff board relative to nearer edge of landing area	
	HIGH JUMP	
	Runway surface	artificial
	Runway dimensions	radius 20m minimum
	Location (landing area) relative to track	within 50m
	Landing area	min. 6mx4mx0.7m
	POLE VAULT	
	Runway surface	artificial
	Runway length	40m minimum
	Runway reversibility	yes
	Number of runways	1 in each direction
	Pole vault landing area min. 5mx5m excl. front pieces Takeoff boards may be permanently-placed, but must be in good condition. HJ and PV areas may be located farther than 50m from track, subject to AO approval.	
Change Facilities	Washroom facilities on site.	
Storage Requirements	Storage area for personal vaulting poles and landing pits.	Storage area for personal vaulting poles, preferably at the competition site. Storage area for landing pits.
Equipment Requirements		Landing pits for High Jump and Pole Vault – IAAF standards or approval from Athletics Ontario required
Seating Capacity	300 persons. 100 persons if there is a dedicated seating area for any of the jumps.	500 persons for all Athletics events
Other	Wind gauge may be provided by Athletics Ontario	Local Wind gauge

Sport: **SHOTPUT, DISCUS, HAMMER, JAVELIN (ATHLETICS)**

Specifications	Minimum Standards	Ideal Standards	
Field of Play (i.e. – gym dimensions, height of ski hill, floor type, # of courts, wall colours, accessibility, etc)	SHOTPUT	<p>Competition areas may be located farther than 100m from track, subject to AO approval.</p> <p>Hammer/Discus Cage dimensions may be smaller. Site inspection by AO rep. and approval would be necessary.</p> <p>Length of sector line:</p> <p>Javelin – 100m Hammer – 90m</p>	
	Circle construction		IAAF 187.5-7
	Toe board		IAAF 188.2-3
	Landing area - downward inclination not to exceed		1:1000
	Location (at foul line) relative to track		within 100m
	Length of sector line		25m minimum
	Circle surface texture - approval by AO required		
	DISCUS		
	Circle construction		IAAF 187.5-7
	Landing area - downward inclination not to exceed		1:1000
	Location (at foul line) relative to track		within 100m
	Cage		4m minimum height
	Length of sector line		80m minimum
	Circle surface texture - approval by AO required		
	HAMMER		
	Circle construction		IAAF 187.5-7
	Landing area - downward inclination not to exceed		1:1000
	Location (at foul line) relative to track		within 100m
	Cage		7m minimum height
	Length of sector line		80m minimum
Circle surface texture - approval by AO required			
JAVELIN			
Runway surface	artificial		
Runway length	30m minimum		
Landing area - downward inclination not to exceed	1:1000		
Location (at foul line) relative to track	within 100m		
Length of sector line	80m minimum		
Change Facilities	Washroom facilities on site.		
Equipment Requirements	Throwing implements may be provided by Athletics Ontario plus competing athletes. Implement certification equipment may be provided from elsewhere	Some local throwing implements, local throwing implement certification equipment (including weigh scale)	
Seating Capacity	300 persons. 100 persons if there is a dedicated seating area for throws events.	500 persons for all Athletics events	

Sport: **STEEPLE CHASE, HURDLES (ATHLETICS)**

Specifications	Minimum Standards	Ideal Standards
Field of Play (i.e. – gym dimensions, height of ski hill, floor type, # of courts, wall colours, accessibility, etc)	Grade A Facility	
	STEEPLECHASE	
	Barriers - adjustability for height	yes
	Water supply	at water jump
	Water Jump location	inside or outside
	HURDLES	
	Style - international with adjustable weights	yes
	Minimum Number	90
Change Facilities / Meeting Room Requirements	Washroom facilities on site.	
Storage Requirements		
Equipment Requirements (to be provided by GOC)	See above under "Field of Play".	
# of field of play hours		
Seating Capacity	300 persons	500 persons for all Athletics events
Other (additional information that does not relate to items above)		

Sport: **BALL HOCKEY**

Specifications	Minimum Standards	Ideal Standards
Field of Play (i.e. – gym dimensions, height of ski hill, floor type, # of courts, wall colours, accessibility, etc)		1 dry pad hockey arena with cement surface all ice hockey line markings should be painted on the cement surface including icing lines, blue lines, red lines, goal creases, referee's crease, face-off dots and face-off circles where appropriate
Change Facilities / Meeting Room Requirements		4 change rooms for team use and 1 referee room Small office or board room to be used by PSO staff to administrate tournament.
Storage Requirements	Not required	
Equipment Requirements (to be provided by GOC)		Standard Hockey Nets
# of field of play hours	Based on 4 teams at two divisions. For every additional level of play if added, we would require 6 hours of round robin play and 4 hours for semi finals and championship games	12 hours for round robin 8 hours for semi finals and championship games
Seating Capacity		500-1000 seating capacity
Other (additional information that does not relate to items above)		Functioning arena score clock with penalty time clock

Sport: **BASEBALL (Male)**

Specifications	Minimum Standards	Ideal Standards
Field of Play (i.e. – gym dimensions, height of ski hill, floor type, # of courts, wall colours, accessibility, etc)	Male: 3 diamonds all lit (Mound 60ft 6inches, bases 90ft)	Male: 3 diamonds with covered dugouts, all lit (Mound 60ft 6inches, bases 90ft)
Change Facilities / Meeting Room Requirements		On field change facilities for officials
Storage Requirements		
Equipment Requirements (to be provided by GOC)	Pitcher's plates, rubber home plates, set of bases for each diamond (plus spare bases & straps), chalk and liner to line the fields.	
# of field of play hours	Male – 14 hours	
Seating Capacity		
Other (additional information that does not relate to items above)		Per diamond: 1 scorer's table and chairs with an umbrella or tarp behind the home plate screen PA System

Sport: **BASKETBALL (Male & Female)**

Specifications	Minimum Standards	Ideal Standards
Field of Play (i.e. – gym dimensions, height of ski hill, floor type, # of courts, wall colours, accessibility, etc)	Federation High school markings (narrow key & high school 3 point line) Safety wall padding at each respective baseline (minimum of 5 feet between baselines and back wall).	6 gyms required – 3 male & 3 female 50 ft x 98 ft court dimensions FIBA markings (wide key) FIBA 3 point line http://www.fiba.com/downloads/Rules/2010/OfficialBasketballRules2010.pdf
Change Facilities / Meeting Room Requirements	2 change rooms for teams per gym 1 officials change room per gym	4 change rooms for teams per gym Change room fully equipped with operational showers
Storage Requirements		To hold balls/Gatorade jugs at end of day
Equipment Requirements (to be provided by GOC)	Electronic score board with no shot clocks 3 chairs and bench on each side of scores table	Electronic score board with shot clocks 1 large table at each gym (seating for 3) to work game clock, shot clock and score book. Small table needed at spectator entrance for programs 2 small tables (1 behind each team bench) for water jugs Possession arrows in each gym 15 chairs on east side of the scores table
# of field of play hours	12 hours per day	12 hours per day
Seating Capacity	100 spectator seating	200 spectator seating
Other (additional information that does not relate to items above)	Air conditioned facility	PA System at Championship facility

Sport: **BOX LACROSSE**

Specifications	Minimum Standards	Ideal Standards
Field of Play (i.e. – gym dimensions, height of ski hill, floor type, # of courts, wall colours, accessibility, etc)	Arena floor measuring 180' x 80' with lacrosse markings	Arena floor measuring 200' x 90' with lacrosse markings
Change Facilities / Meeting Room Requirements	6 dressing rooms	
Storage Requirements		
Equipment Requirements (to be provided by GOC)	30 second shot clock (contact local Lacrosse association)	
# of field of play hours	36 hours	
Seating Capacity	300	
Other (additional information that does not relate to items above)		

Sport: **CANOE KAYAK MARATHON**

Specifications	Minimum Standards	Ideal Standards
Field of Play (i.e. – gym dimensions, height of ski hill, floor type, # of courts, wall colours, accessibility, etc)	A 1 km loop race course on water, deep or shallow where canoes will not be damaged. A start-finish area 250 feet wide.	A 4 km loop course with a place such as a beach for portages. A starting platform and a finishing platform. Access to the area for several vehicles and trailers.
Change Facilities / Meeting Room Requirements	Changing area for athletes and a roofed area for officials and timers.	Showers on site. Lockers for street clothes and personal possessions.
Storage Requirements	Secure fenced and guarded area for up to 20 canoes to be kept overnight. No need for a roof.	A lock up area guarded and secured.
Equipment Requirements (to be provided by GOC)	1 boat and motor.	Radios. . 2 boats and motors.
# of field of play hours	Four hours of water access each day for two days.	Four hours of water access each day for two days.
Seating Capacity	n/a	n/a
Other (additional information that does not relate to items above)	First aid services and two lifeguards	Same

Sport: **CANOE KAYAK SPRINT**

Specifications	Minimum Standards	Ideal Standards
Field of Play (i.e. – gym dimensions, height of ski hill, floor type, # of courts, wall colours, accessibility, etc)	A body of calm water which has at least 1250m of straight water. Must be at least 100m wide. The course requires 9 lanes which are 9m wide. Course needs to be marked with lanes and buoys, buoys should be a min. 100m apart. Lane buoys should be numbered at the 1000m, 500m, 200m and finish line.	A body of calm water which has at least 1250m of straight water (protected from wind). Must be at least 100m wide. The course would have 10 lanes. Course needs to be marked with lanes and buoys, buoys should be a min. 25m apart. The first 750m marked with yellow buoys, the last 250 marked with red buoys. Lane buoys are numbered at the 1000m, 500m, 200m and finish line.
Change Facilities / Meeting Room Requirements	One change room for each gender.	Two change rooms for each gender
Storage Requirements	Available space for boat trailers.	Racks for boats to be unloaded on from the trailers.
Equipment Requirements (to be provided by GOC)		
# of field of play hours	8 hours	10 hours
Seating Capacity	100	250
Other (additional information that does not relate to items above)		

Sport: **FENCING**

Specifications	Minimum Standards	Ideal Standards		
Field of Play (i.e. – gym dimensions, height of ski hill, floor type, # of courts, wall colours, accessibility, etc)	Single Gym 6 fields of play each 19m x 3m Ceiling 5 meters 4 outlets	Standard double gym, approx. 18-19m x 24m, ceilings at least 5 meters high 4-6 outlets in gym Ideally 8 fields of play each 19m x 3m		
Change Facilities / Meeting Room Requirements	Bout committee can be on a stage or nearby hallway (wide) need three long tables with grounded outlets Mens & Women's change areas	Mens & Women's change areas with showers preferred. 1 room close to gym for Bout committee – suitable for tables with computers 1 room for referee's lounge (large enough for 15 people to meet)		
Storage Requirements	Secure area (classroom?) for athlete equipment (locked room)	Secure area (classroom?) for athlete equipment (locked room)		
Equipment Requirements (to be provided by GOC)	Can provide own dollies	Large flat dollies to transport pistes (200 lbs each)		
# of field of play hours	30 hrs	30 hrs		
Seating Capacity	Can use stage or chairs around gym for spectator seating	Bleachers are preferred for spectators		
Fencing Equipment For Transport to Host Community				
Item	Number	Size	Weight	Total Weight
Metal pistes	4	6' X 18" diameter	160 lbs	640 lbs
Scoring machines	12 boxes	30" X 24"	6 @ 30 lbs 6 @ 3 lbs	200 lbs
Tool Boxes	3	3'x18"x2'	50lbs	150 lbs

Sport: **FIELD HOCKEY (OUTDOOR)**

Specifications	Minimum Standards	Ideal Standards
Field of Play (i.e. – gym dimensions, height of ski hill, floor type, # of courts, wall colours, accessibility, etc)	a) very high level grass pitch b) or c) field turf pitch length – 88 metres width 50 metres	Astro turf pitch with warm up space in the end zones Length 91.4 metres Width 55 metres Turf extends 2 metres past side lines
Change Facilities / Meeting Room Requirements	1 male official 1 female official 1 male 1 female	2 for teams on the field 2 for next teams playing 1 male officials 1 female officials
Storage Requirements	Balls, tables etc over night at the pitch	
Equipment Requirements (to be provided by GOC)	2 nets would mean need more field time as would have to provide for on field warm up see ideal – nets must have the 18 inch or .46 metre boards we can give on the height and width slightly	Nets and any barriers needed Need 4 nets – 2 on the pitch and one each end for warm up and if needed tie breaking for strokes Nets 3.66 metres in width Nets 2.14 metres high 1.2 metres deep mesh boards back and side - .46 metres high
# of field of play hours	47 hours	47 hours
Seating Capacity	100	200
Other (additional information that does not relate to items above)		Shade over benches and two canopy tent over scorers table in case of rain or extreme heat

Sport: **FIELD LACROSSE- Women's**

Specifications	Minimum Standards	Ideal Standards
Field of Play (i.e. – gym dimensions, height of ski hill, floor type, # of courts, wall colours, accessibility, etc)	100 meters by 50 meters Natural grass – even playing surface standard soccer or rugby pitch require 2 fields; side by side or similar Fields need to be lined to specific requirements of OWL regulations	122 meters by 60 meters Turf field
Change Facilities / Meeting Room Requirements	0 change rooms 1 meeting room – capacity 20 people	4 change rooms
Storage Requirements	somewhere to lock nets – could be to soccer standards on field (chain & lock)	indoor storage shed
Equipment Requirements (to be provided by GOC)	<ul style="list-style-type: none"> - 4 regulation size goal nets - Two tables - 4 players benches 	<ul style="list-style-type: none"> - 24 regulation balls - 2 stop watches - 2 gazebo tents for shade for timekeepers - Appropriate quantities of ice & water - 1 can white field paint
# of field of play hours	<ul style="list-style-type: none"> - 2 fields - 2 time slots per day - 1.50 hours per time slot - 2 days 10:00 am – 6:00 pm 	3 days – 9:00 am – 6:00 pm
Seating Capacity	nil	250 people
Other (additional information that does not relate to items above)		Sound system: If available, at each field to announce goal scorers

Sport: **GOLF**

Specifications	Minimum Standards	Ideal Standards
Field of Play (i.e. – gym dimensions, height of ski hill, floor type, # of courts, wall colours, accessibility, etc)	<p>Golf Course</p> <ol style="list-style-type: none"> 1. Course should be a min of 5600 Yards for Junior Girls and 6500 Yards for Junior Boys. 2. Course must have practice facilities, including putting green and a driving range that can accommodate at least 20 players at one time <p>Course must have a club house with access to food and beverage, locker rooms and offices</p>	
Change Facilities / Meeting Room Requirements	Require a men's and ladies locker/change room PSO will require operations room beginning 1 day prior to the event until the end of competition for up to 10 people with tables and chairs. Access to high-speed internet is mandatory.	
Storage Requirements	Club Storage for up to 54 golf bags.	
Equipment Requirements (to be provided by GOC)	20 Outdoor Chairs for use by scoring officials, players, starters and timers, 10 Golf Carts, Water Coolers, 6 small tables	
# of field of play hours	9 hours (7:30 am until 4:30 pm)	
Seating Capacity	None	
Other (additional information that does not relate to items above)		

Sport: **KARATE**

Specifications	Minimum Standards	Ideal Standards
Field of Play (i.e. – gym dimensions, height of ski hill, floor type, # of courts, wall colours, accessibility, etc)	Standard Gymnasium - enough space for 2 rings (12m x 12m) plus minor official tables (3m x 2m). Open space with no obstructions and clean smooth floor to lay mats on. Accessible public seating for spectators. Good lighting.	Double Gymnasium – enough space to hold 2 rings (12m x 12m) plus warm-up area and including spectator seating (bleacher seating preferred). Sufficient lighting to permit visibility for Kata (forms) and Kumite (sparring) events. Smooth, clean finished floor (i.e. no sharp or protruding objects on the floor as competitors are all in bare feet), gymnasium floors are best.
Change Facilities / Meeting Room Requirements	Separate change facilities for male and female competitors. Shared washrooms with spectators.	Separate changes room for male & female competitors Washroom for spectators
Storage Requirements	10'x10' storage area for competition mats.	10'x10' area to store competition mats (puzzle mats).
Equipment Requirements (to be provided by GOC)	PA system First aid supplies (such as ice)	PA system First aid supplies (such as ice)
# of field of play hours	7	9
Seating Capacity	75	150
Other (additional information that does not relate to items above)	1 – 6ft table for each ring with 10 chairs for each ring 1 – 6ft table for Officials/VIPs with chairs 1 first aid 6ft tables, 1 – 6ft table for tournament director with chairs	2 – 6ft tables for each ring with 10 chairs for each ring 2 – 6ft tables for Officials/VIPs with chairs 1 first aid 6ft tables, 1 – 6ft table for tournament director with chairs

Sport: **LAWN BOWLS**

Specifications	Minimum Standards	Ideal Standards
Field of Play (i.e. – gym dimensions, height of ski hill, floor type, # of courts, wall colours, accessibility, etc)	One lawn bowling green, approx. 126 feet x 126 feet.	
Change Facilities / Meeting Room Requirements	Office/working space and lunch room space	
Storage Requirements	Minimal: overnight storage, if possible for lawn bowling bags.	
Equipment Requirements (to be provided by GOC)	Bowling mats, jacks, scoreboards etc. would be available at host venue and even possibility of sound system	
# of field of play hours	9am – 4 pm x 3 days	9 am – 6 pm x 3 days
Seating Capacity	Whatever is available at host venue	
Other (additional information that does not relate to items above)		

Sport: **RIFLE SHOOTING**

Specifications	Minimum Standards	Ideal Standards
Field of Play (i.e. – gym dimensions, height of ski hill, floor type, # of courts, wall colours, accessibility, etc)	Approved (by the Chief Firearms Office or Dept. of National Defense) 50m outdoor range with covered firing points and level firing surface. Min. 10 shooting positions, Specialized markings and requirements.	Approved (by the Chief Firearms Office or Dept. of National Defense) 50m outdoor range with covered firing points and concrete/asphalt firing surface. 12 shooting positions, Specialized markings and requirements.
Change Facilities / Meeting Room Requirements	One male, one female change room. Small rooms are fine. Scoring room.	One male, one female change room. Small rooms are fine. Scoring Room.
Storage Requirements	Necessary if the rifles are not permitted to be stored where the athletes are being accommodated.	Necessary if the rifles are not permitted to be stored where the athletes are being accommodated.
Equipment Requirements (to be provided by GOC)	Targets	Targets
# of field of play hours	5	
Seating Capacity		
Other (additional information that does not relate to items above)		

Sport: **ROWING**

Specifications	Minimum Standards	Ideal Standards
Field of Play (i.e. – gym dimensions, height of ski hill, floor type, # of courts, wall colours, accessibility, etc)	1000m distance, straightaway, marked for time trials – 500m course marked for sprint racing, traffic patterns to be marked and outlined on maps for race times and practice times, Body of water - 1000m length and 94.5m wide) that can be close to motorized traffic during competition. Preferably sheltered from prevailing winds. Adequate docking for launch and recovery of racing boats, adequate parking for racing equipment truck and trailers.	2000m distance, straightaway, marked for time trials – 500m course marked for sprint racing, traffic patterns to be marked and outlined on maps for race times and practice times, Body of water - 2000m length and 94.5m wide) that can be close to motorized traffic during competition. Preferably sheltered from prevailing winds. Adequate docking for launch and recovery of racing boats, adequate parking for racing equipment truck and trailers.
Change Facilities / Meeting Room Requirements	Adequate number of porta potties	Same as minimum
Storage Requirements	Trailers must be permitted to remain at regatta venue to store racing equipment	Same as minimum
Equipment Requirements (to be provided by GOC)	4 - 14' Boats with 9.9 hp motors for umpires and safety boats; boats must meet Canadian Coast Guard regulations, 10 radios with enough range to communicate throughout the venue, including full length of race course, shelter for starter and finish judges	Provision of Racing Equipment for all participants
# of field of play hours	Pre-Race Day 4 hours, Race Day 8 hours	Day 1 – 4 hours practice 4hours skills completion Day 2 8hours competition
Seating Capacity		
Other (additional information that does not relate to items above)		

Sport: **RUGBY**

Specifications	Minimum Standards	Ideal Standards
Field of Play (i.e. – gym dimensions, height of ski hill, floor type, # of courts, wall colours, accessibility, etc)	1 Rugby competition field. Lined field. Field size is 70 metres x 144 metres. Difficult to indicate measurements without a diagram.	2 Rugby competition fields, same location. Lined field. Field size is 70 metres x 144 metres. Difficult to indicate measurements without a diagram.
Change Facilities / Meeting Room Requirements	2 change rooms	4 change rooms
Storage Requirements	Not Required	Not Required
Equipment Requirements (to be provided by GOC)	14 touch flags per field. Padding on goal posts	14 touch flags per field. Corner touch flags have padded supports. Padding on goal posts
# of field of play hours	6	6
Seating Capacity	150	250
Other (additional information that does not relate to items above)	Shade tents, portable toilets. First aid tent. Adequate water supply	Shade tents, portable toilets. First Aid tent. Adequate water supply.

Sport: **SAILING**

Specifications	Minimum Standards	Ideal Standards
Field of Play (i.e. – gym dimensions, height of ski hill, floor type, # of courts, wall colours, accessibility, etc)	Open waterway that is clear and unobstructed from underwater hazards, enough depth for sailboats and steady wind. An Ontario Sailing/CYA member club camp or school to host the event. Local support people to run the event	On water race course set by race officials using club supplied race marks as per sailing instructions. Launch facilities with on shore storage for 20 12-14 foot sailboats. The ideal for sailing is to partner with an Ontario Sailing/CYA member sailing club as this will facilitate ease of hosting the sailing venue. It is very difficult if not impossible to host sailing without a Clubs support. The club would supply race officials, safety boats, communication system. As our clubs that run racing are familiar with running races, they have the technical knowledge required to put on a safe, well managed event.
Change Facilities / Meeting Room Requirements	Washroom facilities, meeting room for protests	Washrooms One female and one male change room. Meeting room for protests
Storage Requirements	Beach front and parking lot area	On shore dry storage area for 12-14 foot sailboats with a clear area to launch the boats at a beach, or launch ramp. It is best if the area has secure storage.
Equipment Requirements (to be provided by GOC)	First aid equipment	First aid equipment.
# of field of play hours	Daily 4 hours on the water, 1 hour prep on shore, one hour de rigging on shore after the daily event	Daily 5 hours on the water, 1 hour prep on shore, one hour de rigging on shore after daily event
Seating Capacity	An open area only	an area for awards would be appreciated so parents, coaches, officials and athletes can sit and enjoy the ceremony
Other (additional information that does not relate to items above)	Facility to check weather forecasts (internet) and communicate to the on the water officials	

Sport: **SAILING**

Specifications	Minimum Standards	Ideal Standards
Field of Play (i.e. – gym dimensions, height of ski hill, floor type, # of courts, wall colours, accessibility, etc)	Open waterway that is clear and unobstructed from underwater hazards, enough depth for sailboats and steady wind. An Ontario Sailing/CYA member club camp or school to host the event. Local support people to run the event	On water race course set by race officials using club supplied race marks as per sailing instructions. Launch facilities with on shore storage for 20 12-14 foot sailboats. The ideal for sailing is to partner with an Ontario Sailing/CYA member sailing club as this will facilitate ease of hosting the sailing venue. It is very difficult if not impossible to host sailing without a Clubs support. The club would supply race officials, safety boats, communication system. As our clubs that run racing are familiar with running races, they have the technical knowledge required to put on a safe, well managed event.
Change Facilities / Meeting Room Requirements	Washroom facilities, meeting room for protests	Washrooms One female and one male change room. Meeting room for protests
Storage Requirements	Beach front and parking lot area	On shore dry storage area for 12-14 foot sailboats with a clear area to launch the boats at a beach, or launch ramp. It is best if the area has secure storage.
Equipment Requirements (to be provided by GOC)	First aid equipment	First aid equipment.
# of field of play hours	Daily 4 hours on the water, 1 hour prep on shore, one hour de rigging on shore after the daily event	Daily 5 hours on the water, 1 hour prep on shore, one hour de rigging on shore after daily event
Seating Capacity	An open area only	an area for awards would be appreciated so parents, coaches, officials and athletes can sit and enjoy the ceremony
Other (additional information that does not relate to items above)	Facility to check weather forecasts (internet) and communicate to the on the water officials	

Sport: **SKEET SHOOTING**

Specifications	Minimum Standards	Ideal Standards
Field of Play (i.e. – gym dimensions, height of ski hill, floor type, # of courts, wall colours, accessibility, etc)	Regulation skeet field with 1 trap boy to restock machines with targets as required	Standards set by National Skeet Shooting Association (NSSA) for regulation skeet field Availability of 2 nd field in event of mechanical breakdown
Change Facilities / Meeting Room Requirements	Not Required	
Storage Requirements	Lock up for guns and ammunition generally provided by host club	Security provided for overnight , Most venues have security systems in place
Equipment Requirements (to be provided by GOC)	Provided by host club Guns and ammo provided by competitors Portable washrooms if host club does not have facilities to accommodate	
# of field of play hours	As set by host club per bylaws	10:00am- 5:00pm
Seating Capacity	Not required/few benches for small #s spectators	
Other (additional information that does not relate to items above)	Transportation to and from venue from accommodation Scoring table and chairs ,presentation table	Generally host club can provide tables chairs etc (2-6foot tables) Require 30 cases of targets Medals for 1 st 2 nd 3 rd Team and individual event

Sport: **SOCCER**

Specifications	Minimum Standards	Ideal Standards
Field of Play (i.e. – gym dimensions, height of ski hill, floor type, # of courts, wall colours, accessibility, etc)	<ul style="list-style-type: none"> - 4 regulation size grass soccer fields for first day of competition only <p style="text-align: center;"><i>REGULATION SIZE:</i> MIN LENGTH 100m, MAX LENGTH 110m MIN WIDTH 64m, MAX WIDTH 70m</p> <ul style="list-style-type: none"> - 2 regulation size grass soccer fields for remaining days - for Finals, 1 fields w grandstand, at min. bleacher seating - Lighting required if night games are scheduled. - Player benches for each team - Nets on all goals, 4 corner flags per field. 	<ul style="list-style-type: none"> - 4 regulation size grass soccer fields within the same complex with spectator seating - 2 practice/warm up fields preferred. - for Finals, 2 fields, 1 w grandstand, at min. bleacher seating at both - Player benches for each team with marked technical area for coaches. - Nets on all goals, 6 corner flags per field.
Change Facilities / Meeting Room Requirements	4 change rooms	8 change rooms
Storage Requirements		Locked storage room to store soccer balls and supplies overnight
Equipment Requirements (to be provided by GOC)	Nets on all goals, 4 corner flags per field	Nets on all goals, 6 corner flags per field
# of field of play hours		8 hours per day
Seating Capacity	250	500
Other (additional information that does not relate to items above)		PA System for Finals

Sport: **SOFTBALL (Male & Female)**

Specifications	Minimum Standards	Ideal Standards
Field of Play (i.e. – gym dimensions, height of ski hill, floor type, # of courts, wall colours, accessibility, etc)	4 regulation Softball Diamonds for competition (2 for females & 2 for males) and 2 regulation softball diamonds for practice (1 for males; 1 for females) or as back up. Covers on Dugouts.	
Change Facilities / Meeting Room Requirements	Male & Female Washrooms & Change Rooms plus a changeroom for umpires – one for females & one for males.	
Storage Requirements	None.	
Equipment Requirements (to be provided by GOC)	Regulation bases & pitching plate for each diamond. Scoring tables & chairs at each diamond.	
# of field of play hours	19 hours for males & females	
Seating Capacity		
Other (additional information that does not relate to items above)		PA System

Sport: **SWIMMING**

Specifications	Minimum Standards	Ideal Standards
Field of Play (i.e. – gym dimensions, height of ski hill, floor type, # of courts, wall colours, accessibility, etc)	One x 8 lane 50 m aquatic facility	One x 8 lane 50 m aquatic facility. A bonus is a warm-up/warm-down pool (15m or 25m tank) An example would be the Etobicoke Olympium patio pool.
Change Facilities / Meeting Room Requirements	Two – One male, one female	Two – One male, one female
Storage Requirements		None
Equipment Requirements (to be provided by GOC)	Deck space around pool to hold 250 swimmers, coaches, officials	Ideally a spectator gallery to hold 500plus spectators and deck space around pool to hold 250 swimmers, coaches and officials. Depending on the format of the pool - 3 x temporary steel low-riser bleachers for seating space for coaches, athletes on the pool deck.
# of field of play hours	6 x 3 hours sessions	6 x 4 hour sessions
Seating Capacity	Deck space for 250 swimmers, coaches, officials	Deck space for 300 – swimmers, coaches, officials
Other (additional information that does not relate to items above)		Electronic Timing System, with Hy Tek, touch pads and back up timing system.

Sport: **TENNIS**

Specifications	Minimum Standards	Ideal Standards
Field of Play (i.e. – gym dimensions, height of ski hill, floor type, # of courts, wall colours, accessibility, etc)	4 tennis courts (clay or hard surface)	4 tennis courts with lighting; optional indoor option if available
Change Facilities / Meeting Room Requirements	Athlete rest area: covered	Athlete rest area (indoor; air-conditioned) Shower facilities, lockers
Storage Requirements		Locked room for equipment.
Equipment Requirements (to be provided by GOC)	Tennis balls, singles sticks and scorecards	Tennis Balls Singles sticks and scorecards Umpires Chair
# of field of play hours	10 hrs. per day	10 hrs per day
Seating Capacity		
Other (additional information that does not relate to items above)		Windsceens

Sport: **TRIATHLON**

Specifications	Minimum Standards	Ideal Standards
Field of Play (i.e. – gym dimensions, height of ski hill, floor type, # of courts, wall colours, accessibility, etc)	<ul style="list-style-type: none"> - Open water swimming venue, to accommodate 600m loop or point to point swim - Smooth road system that can accommodate a 16-20K cycling component. Minimal interference with local traffic preferred - Pathway, sidewalk or road for 4 km run loop - Grassy area or parking lot in close proximity to water and roads for transition area - Open area for finish line no less than 8m wide and 20m long 	Open water swimming venue for swimming component of 600km (can set up a 300m course for 2 loops to make up the swim distance). Paved road system for cycling component of 16 km (bike loop = 4km). Roads must be closed to traffic, suitable paved road, sidewalk or clear pathway for running component of 4km (run loop = 1km). Transition area linking the 3 sport components for transition between each of the race segments. Cycle and Run course must not permit any directional crossovers. Ideally, the race venue would support a draft legal format.
Change Facilities / Meeting Room Requirements	3 men's and 3 women's washrooms available to competitors and spectators	Two men's and two women's washrooms dedicated to athletes; similar number or more available to spectators
Storage Requirements	Secure storage area for bicycles on site or at residence. A locked facility is a must.	Secure/locked room for storage of bicycles at the race site. The race site is preferred if the distance between the residence and the race site is significant so that the bikes don't have to be transported.
Equipment Requirements (to be provided by GOC)	<ul style="list-style-type: none"> - Approx. 300 ft of fencing (mesh is preferred) to enclose transition area - 3 tables for water stations - 150 l of water, paper cups (not bottles) - 6 green garbage bags to collect cups etc - Waste receptacles on site 	Fencing for transition area, 3 tables for water stations, approximately 150 litres of water, cups (not plastic bottles of water) – garbage bags to collect water cups, broom to sweep corners, garbage cans (around transition) – 30M indoor/outdoor carpeting (tentative and dependent on location)
# of field of play hours	5	12
Seating Capacity		
Other (additional information that does not relate to items above)		

Sport: **BEACH VOLLEYBALL**

Specifications	Minimum Standards	Ideal Standards
Field of Play (i.e. – gym dimensions, height of ski hill, floor type, # of courts, wall colours, accessibility, etc)	8 beach volleyball courts, 4 at men's height, 4 at women's height each court is 8m x 16m and requires approx 3-4 m between courts on the side and 5-6 m at the base line. 8 competition courts as well as a sand depth of at least 10-16 inches	12 beach volleyball courts, 4 at men's height, 4 at women's height each court is 8m x 16m and requires approx 3-4 m between courts on the side and 5-6 m at the base line. 4 warm-up courts, 8 competition courts as well as a sand depth of at least 10-16 inches
Change Facilities / Meeting Room Requirements	2 changerooms (1 male, 1 female) and toilet facilities	2 changerooms (1 male, 1 female) and toilet facilities
Storage Requirements		
Equipment Requirements (to be provided by GOC)	At least 10-16 inches of soft non compactable sand. If it is not soft, hard sand may cause injury score tables, chairs, referees stand	At least 10-16 inches of soft non compactable sand. If it is not soft, hard sand may cause injury score tables, chairs, referees stand
# of field of play hours	24	24
Seating Capacity	250	250
Other (additional information that does not relate to items above)	Security is required for overnight surveillance of equipment Electricity required for PA System (to be provided by PSO)	Security is required for overnight surveillance of equipment Electricity required for PA System (to be provided by PSO)

Sport: **WATER POLO**

Specifications	Minimum Standards	Ideal Standards
Field of Play (i.e. – gym dimensions, height of ski hill, floor type, # of courts, wall colours, accessibility, etc)	A body of water that can have an all deep area with min. dimensions of 20meters by 12meters Fresh water lake/river: - - an all deep area with min. dimensions of 20meters by 12meters - with platform, dock raft for officials	An Indoor pool, outdoor pool or a fresh body of water with an All Deep area of water 25m x 20m A Pool is preferred. Lake/river is acceptable.
Change Facilities / Meeting Room Requirements	Change area for athletes	Change area for athletes, Change area for officials and coaches A Team meeting room
Storage Requirements	Nets, balls, clocks on side of pool or in safe place when not in use	A separate storage room for all equipment.
Equipment Requirements (to be provided by GOC)	Mikasa Water Polo balls	Water Polo Goals (nets) Field of play lane ropes and markers
# of field of play hours	Depending on the number of athletes and teams: Min => 14 hours (3 teams per gender would require 14 hours of game time having a double round robin and final game)	20 games at 1:15 each = 25 hours *assume 4 teams per gender 40-44 male and 40-44 female athletes
Seating Capacity	10	250-500
Other (additional information that does not relate to items above)		Electronic timing devices currently at the aquatic facility (most electronic timing devices for swimming also have Water Polo software. The facility would be made available prior to the competition for rental so we could have a pre-tournament training camps.

Sport: **WATER SKI & WAKEBOARD**

Specifications	Minimum Standards	Ideal Standards
Field of Play (i.e. – gym dimensions, height of ski hill, floor type, # of courts, wall colours, accessibility, etc)	Body of water with minimum dimensions of 600 m by 75 m with minimum water depth of 2 m Reasonable recreational activity water quality minimal vertical shore walls	Private body of water 900 meters by 75 meters well protected from the wind with north-south orientation Water Depth of more than 3 m Swimming quality water > 5:1 Sloping shore line to absorb boat wakes
Change Facilities / Meeting Room Requirements	Public washrooms or 4 portable toilets, one judging office/trailer 2.5 m X 6 m 115V/15A power on site or generator	Public Washrooms centrally located with washrooms/change rooms near the starting dock at the end of the site 2 Judging offices 2.5 m X 6 m with 115V/50A power
Storage Requirements	2.5m X 3m utility trailer	Lockable 2.5 m X 12 m shipping container
Equipment Requirements (to be provided by GOC)	1 m X 10 m dock with 1 m water depth at the end	Three wakeboard sliders/kickers of varying difficulty. Anchored permanent slalom and jump courses 3 m X 12 m dock official 4.27 m X 7.32 m fiberglass surface water ski jump with side wings and adjustable height from 1.52 m to 1,83 m Five 10 m high TV antenna towers for 3 video jump measurement cameras and 2 slalom gate cameras
# of field of play hours	4 hours per day	12 hours per day
Seating Capacity	1 acre of grassy lawn	1000 person bleacher positioned in the middle of the water area on the west side
Other (additional information that does not relate to items above)	Availability of a tournament rated inboard tow boat. A safety / pickup boat. A backboard. Parking for 50 cars Boat launch with water access to event site	Specialized tow boats for slalom, jump, wakeboard and barefooting with backup tow boats Patrol and pickup boats Parking for 250 cars Boat launch with separate dock at one end of water area with gas tank

Appendix H – Venue/Sport Evaluation Form

NOTE: Please complete one form for each sport that is included under the Sport Technical Information – Minimum & Ideal Standards for the respective set of Games that your community is bidding to host. An electronic version (Word) of this document is included on the Bid Guidelines CD.

Sport:	
Facility Name	
Facility Address	
Facility Description	Field Of Play Detail (size, # of lanes, floor type, ceiling height, etc)
	Equipment Available in Community (score clocks, nets, etc)
	# of Changerooms
	Seating Capacity
	Available Meeting Space
	Accessibility (including entrance into the venue, access to field of play, washrooms, meal location)
Existing Club/Program for this sport	YES / NO If yes, please name club:
Distance from Accommodations	

Appendix I - Standardized Meal Requirements and Guidelines

Guiding Principles:

- Provide a variety of foods throughout competition
- Food rich in whole grains, vegetables and fruit
- The following is a guide so feel free to suggest some alternatives to the items below

BREAKFAST

Food Group	Category	Minimum Requirements	Examples
Vegetables & Fruit	Fresh Fruit	2 Choices	Bananas, Oranges (or Fruit Salad = 2 choices)
	100% Fruit Juices	2 Choices	Orange, cranberry, apple
Grain Products	Bread Products	2 Choices	Whole wheat bread and bagels, low fat trans fat free bran muffins
	Cereal	2 Choices	Oatmeal, Shredded Wheat, Granola
Milk & Alternatives	Milk, yogurt	2 Choices	1% Milk, low-fat yogurt, soy beverage
Meat & Alternatives	eggs	1 Choice	Scrambled, Poached or boiled eggs

LUNCH

Food Group	Category	Minimum Requirements	Examples
Vegetables & Fruit	Fresh Fruit	1 Choice	Apples, Melon
	100%Fruit Juices	1 Choice	Apple, Grape
	Vegetables	1 Choice	Carrots, Salad
Grain Products	Sandwich bread/wraps*	1 Choice	Whole wheat, whole grain breads, buns, wraps, pita bread, roti
	Snack bars	1 Choice	Cereal Bar, nut-Free Granola
Meat & Alternatives	Sandwich fillings	3 choices (1 vegetarian)	Vegetarian (should contain a protein source ie., hummus & grilled veggies, egg sandwich), Ham, Turkey, chicken, light tuna
Milk & Alternatives	Milk, yogurt	2 choices	1% Milk, low-fat yogurt, soy beverage

DINNER

Food Group	Category	Minimum Requirements	Examples
Vegetables & Fruit	Vegetables	2 Choices	Steamed broccoli, Garden Salad
	100% Fruit Juices	1 Choice	Orange, Cranberry
Grain Products	Rice/Potato*	1 Choice	Brown rice, whole wheat couscous, mashed potatoes, whole wheat pasta
	Bread	1 Choice	Whole Wheat Rolls, whole wheat bread, pita, naan
Meat & Alternatives	Meat*	2 Choices (1 vegetarian)	Chicken, roast beef, Egg, Tofu, vegetarian chili, bean salad
Milk & Alternatives	Milk	1 Choice	1% Milk, soy beverage
	Dessert	Optional	Yogurt, fruit salad, trans fat free oatmeal cookies

Appendix J – Ontario Summer/Winter Games Travel Policy

POLICIES AND PROCEDURES

DIVISION: Logistics
SUBJECT: External and Internal Travel Subsidies
POLICY NUMBER: Ontario Games – PSO Travel Subsidies Policy
EVENT:

Preamble

Over the past number of Games, one of the main issues/concerns that Provincial Sport Organizations (PSOs) have expressed is the cost associated with external transportation to the Games for their participants (athletes, coaches, managers, major officials). Through the Quest for Gold initiative, the Games Organizing Committee (GOC) is fortunate to be in a position to assist with the costs associated with both external and internal transportation.

In compliance with Sport Alliance Ontario policy of providing financial assistance to registered Games participants travelling significant distances to compete the Ontario Games, the GOC has adopted the following travel subsidy policies.

Any action carried out under this policy by any member by a PSO thereof, may be subject to review through the GOC in cooperation with the SAO.

External Transportation

There are 4 modes of transportation that will receive reimbursement depending on the one-way distance of travel from the participant's home community to the sport accommodation destination as measured by Mapquest or Google Maps.

It will be the PSOs' responsibility to submit all claims for their participants. The PSO must submit the appropriate forms to the GOC by [Insert Date] and reimburse each participant as applicable. External Transportation reimbursements will be forwarded to the PSOs by [Insert Date].

It is reasonable and certainly our expectation that participants from one community will take advantage of carpooling to save on costs. Where more than one participant is traveling from a community, the following guideline will apply:

- Claims will be honoured for every vehicle traveling from a community, based on the guidelines noted above, and not for every participant traveling from a community. If a claim is submitted for every participant from a community, the claim of \$0.30/km will be pro-rated based on carpooling with 3 participants per car (i.e. – 1 participant \$0.10/km, 2 participants \$0.20/km).



1. Over 600km (ONE WAY) / 1,200 km (ROUND TRIP) - Participants traveling greater than 600km ONE WAY to the Games will be considered for travel via Air, Train, Car/Van or Charter Bus. **NOTE: It is required that all participants will travel via the most cost efficient method to the Games. All travel by Train, Air or Charter Bus must be pre-approved by the GOC in advance of booking. If travel by these methods is not pre-approved then reimbursement will not be guaranteed.**

Air/Train

Pre-approved round trip air/train travel will be covered up to the maximum allowable cost of \$500.00 per participant (maximum allowable cost of \$250 per participant for one-way travel). Additional expenses incurred such as meals during air travel, airport parking, ground transportation to/from the airport and hotel rooms etc. during air travel will NOT be covered. Reimbursement will NOT be provided for flights booked with Air Miles or other reward programs. The GOC will organize shuttles to and from the airport & train station (for registered Games Participants ONLY). NOTE: As an alternative to air travel, subsidy will be provided for a van rental and gas with a minimum of 4 participants up to a maximum of \$800 total if it is more cost efficient.

Car/van

The first 300km (ONE WAY) / 600km (ROUND TRIP) are ineligible for re-imbusement. Travel by car/van will be reimbursed at a rate of \$0.30 per km, to a maximum of \$500.00 for a round trip per vehicle. As an example, a participant travels 700 km ONE WAY / 1,400 km ROUND TRIP - they will be reimbursed at \$0.30 x 800 km (1,400km – 600km) for the return trip. 1 vehicle to be used for every 3 participants in a community, except in cases where sport competition equipment is restrictive to the number of passengers a vehicle will fit (e.g. bikes).

Restrictive Equipment Policy & Van Rentals

Should a van be required to transport 3 participants due to restrictive sport competition equipment, rental cost reimbursement will be provided as per the following:

- GOC must pre-approve van rentals. *Cost of fuel is not included in the subsidy amount.*
- Van rental will be covered (as per note on restrictive sport competition equipment) up to maximum allowable cost of \$100/day with a maximum claim of \$500
- Car rental will not be eligible.
- A claim may be made for only one of the following: mileage or rental costs for the van (both cannot be claimed for the same van).
- Claims will be adjusted based on the carpooling method except in cases where sport competition equipment is restrictive to the number of passengers in the vehicle. For example: should only 1 participant travel in a vehicle due to restrictive sport competition equipment the claim will not be pro-rated and the participant will be eligible for mileage reimbursement at a rate of \$0.30 per km.
- Requests for travel with restrictive sport competition equipment must be pre-approved by the GOC.

Charter bus

Charter buses can be utilized where there are at least 25 registered Games Participants coming from one community/district/region. Reimbursement for charter buses will be up to a maximum of \$5,000. Charter busses with less than 25 participants are subject to approval of the GOC and must be utilized if it is more cost efficient than Air or Train travel for the number of participants travelling from one area if under 25 participants.

2. Between 300km to 599km (ONE WAY) / 600km – 1,198km (ROUND TRIP) - The participant will be reimbursed at a rate of \$0.30 per km. The first 300km (each way) / 600km (round trip) are ineligible for re-imbusement. 1 vehicle to be used for every 3 participants in a community, except in cases where sport competition equipment is restrictive to the number of passengers a vehicle will fit (e.g. bikes).

Restrictive Equipment Policy:

- Claims will be adjusted based on the carpooling method except in cases where sport competition equipment is restrictive to the number of passengers in the vehicle. For example: Should only 1 participant travel in a vehicle due to restrictive sport competition equipment the claim will not be pro-rated and the participant will be eligible for mileage reimbursement at a rate of \$0.30 per km.
 - Requests for travel with restrictive sport competition equipment must be pre-approved by the GOC.
3. Less than 299km (One Way) – No reimbursement will be made.



Appendix K – French Language Requirements

Note that it is the responsibility of each committee chair to ensure that the French Language Service Requirements are implemented for their specific area of responsibility. The GOC Chair and SAO Games Consultant will have overall responsibility to ensure the implementation of these guidelines.

The program must be referred to in both official languages in all public documentation:

Ontario Games – Jeux de l'Ontario
 Ontario Winter Games – Jeux d'hiver de l'Ontario
 Ontario Summer Games – Jeux d'été de l'Ontario

The following Materials must be made available in French and English:

- Province wide media releases
- Logos
- Invitations to Special Events (ie – Opening Ceremonies & VIP Receptions)
- Programs for Special Events
- Components of the Opening and Closing Ceremonies including Athletes & Officials Oath, National Anthem
- Bilingual representative available for the duration of the Games to assist with translation requirements
- Signage
- Medals

The following materials do not need to be translated but must indicate 'Available in French upon request' and in a visual place on the materials:

- Registration package and forms
- Official Games Programs and/or Participant Handbooks
- Website
- Promotional Materials (including posters, flyers, etc)
- Tickets
- Identification Passes

NOTE: The logo should always be bilingual when using in any of the materials above.

For any materials that are not listed above please contact Sport Alliance Ontario for clarification.

